

A
Happy &
Healthy You
STARTS AT THE Y



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MEMBERSHIPS FOR ALL Rates & Benefits

(effective 1.1.2024)

FACILITY MEMBERSHIPS

	JOINER FEE	REGULAR RATE*	REDUCED RATE*
YOUTH Individual Age 0-12	\$19	\$29	\$25
TEEN Individual Age 13-19	\$19	\$41	\$33
YOUNG ADULT Individual Age 20-25	\$19	\$46	\$39
ADULT Individual Age 26-64	\$19	\$55	\$48
SENIOR ADULT Individual Age 65+	\$19	\$51	\$44
ONE ADULT HOUSEHOLD 1 adult (18+) and up to 6 of their dependent children up to age 25	\$39	\$71	\$62
TWO ADULT HOUSEHOLD 2 adults (18+) and up to 6 of their dependent children up to age 25	\$39	\$83	\$72

ADDITIONAL MONTHLY FEES FOR ADD-ONS

Additional Adult (Non-Dependent 18-64) ... \$30
Additional Live-In Senior Adult (65+) \$20

- You may be eligible for our REDUCED RATE if you participate in our Membership Referral Program or qualify for any of our Special Membership Programs.
- All members on the same account must present photo ID at time of enrollment. For any household membership, all active members must reside in the same household with proof of residency and/or legal guardianship for any minor prior to activation.

No Contracts. No Annual Fees.

30 day written notice required for any cancellations

**SAVE UP TO 20%
with our Reduced Rates***

BONUS FOR ANNUAL MEMBERS:

When you prepay 12 months in advance you will get a 13th month for FREE and your initial Joiner Fee is WAIVED.

*Monthly Rates thru our Automatic Monthly Draft payment plan. See Member Services for more information.

PROGRAM MEMBERSHIPS

Program Memberships have limited access to the facility and are for any individual or household who are solely interested in registering for select programs a-la-carte: Youth Sports, Swim Lessons, Before and After Care or Summer Camp, and individual Group or Water Exercise classes.

RATES

One time annual-fee due prior to registration of any YMCA program.

Individual Youth/Teen\$35
Individual Adult\$45
Family (2 or more)\$70

- Program Members do NOT have general facility access to the fitness centers, pool, or any program or class they are not registered for.
- In order to register for a class or program, your program membership must be valid thru the end of the session or you will be required to renew at the time of registration.
- Minors may only be registered for programs by their parent/legal guardian
- Proof of residence/guardianship required to be included on the same account.

Cumberland Cape Atlantic YMCA

1159 E. Landis Avenue Vineland, NJ 08360 • (856) 691-0030 • www.ccaymca.org

Why Join the Y?

Facility Member Benefits

At the YMCA, There is Something for EVERYONE!
Our Programs/Classes and offerings are always growing based on the needs and requests of our members.

For Youth

- Rock Climbing Wall, Ninja Course, Interactive Games & Espresso Bikes in our Family Health & Adventure Center for 8+
- Seasonal Youth Sports programs starting at Pre-K age.
- Youth Dance, Kickboxing, and Drumfit classes.
- Themed activities like Nerf Battles, Video Game Nights, and more.
- Youth & Teen Times in our Free Weight Room & Family Fitness Center.
- Teens can workout without their parents on-site starting at age 13.
- Indoor Heated pool w/ Family Swim Times
- Swim Lessons starting at 6 months old.
- Family/Youth Open Play Basketball
- Child Watch While You Workout for ages 6 months -10 years old
- Summer Camp
- Before & After Care
- Swim Team
- Outdoor Fun Zone (open seasonally)
- MVP programs for youth with special needs.

For Adults

- Fully Equipped Free Weight Room (dumbbells up to 130lbs)
- Family Fitness Center complete with Cardio, Resistance, and Strength Training Equipment
- Family Health and Adventure Center with stretching area and additional fitness equipment.
- Variety of Group Exercise Classes for all levels offered Monday – Saturday
- Indoor Heated Pool with Lap Lanes, Family Lanes, and Adult Swim Times
- Signature Health Programs: LiveStrong, Diabetes Prevention, and Blood Pressure Self Monitoring
- Water Exercise Classes
- Adult Locker Rooms with a Steam Room, and Whirlpool.
- Lockers available for daily use or for rent.
- Indoor Pickleball
- Indoor Full Court Basketball
- Indoor Walking Track
- Boxing/Kickboxing

For ALL

- YMCA 360 Digital Streaming Service
- Personal Training, & FREE Wellness Checks & a Fitness Center Orientation
- Free Wi-Fi Zone
- Free Member Library
- FREE Community Events
- Lifeguard Certification Courses
- Safe, Clean, & Handicap Accessible Facility
- Friendly, Supportive, & Knowledgeable Staff
- Volunteer Opportunities
- Financial Assistance thru YCares
- Facility & Baptism Rentals
- Pool Parties

Visit www.ccaymca.org to learn more about all the YMCA has to offer including upcoming events, programs, and promotions.



How can I get the reduced rate?

You may be eligible to receive the reduced rate if you qualify for any of the following discount groups:

- ✓ Cumberland Cape Atlantic YMCA Membership Referral Program (When you are referred by an active CCAYMCA Facility Member or you refer another member to join our Y)
- ✓ Horizon Blue Cross Blue Shield of NJ Members
- ✓ All US Military, Active Duty, Reserves, and Veterans, plus all first responders.
- ✓ All Full or Part-Time Clergy
- ✓ NJ State Employees (with State ID)
- ✓ If your employer has an active Business Partnership with our YMCA (we currently partner with: City of Vineland, Vineland Public Schools, Nipro Pharmapackaging, Arc/Durand Glass, Rowan College of South Jersey (if you are interested in learning more about setting up a partnership to benefit your employees please contact Member Services Director, Donna Wells (856) 691-0030 ext. 116 or by email at docasio@ccaymca.org).

Does my insurance company cover my membership fees?

Currently our YMCA participates in the Braven Health Insurance Smart Card and Renew Active program through United Healthcare. Each plan offers different benefits, see Member Services for details. We currently **do not** participate in the Silver Sneakers. For all other insurance programs, please contact your provider.



DISCOVER THE ADDED BENEFITS NOW INCLUDED IN YOUR FACILITY MEMBERSHIP

- Workout from ANYWHERE ANY TIME with virtual On-Demand and Live Streaming Workouts
- 1,000+ PROGRAMS AVAILABLE 24/7

While many are workouts, there's also content such as culinary arts, visual arts, literary arts, science, math, & music activities/lessons, gymnastics and barre, sports tips/tutorials, cancer support, nutrition/cooking demos, mental health, and more!