

#### FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY



## The YMCA is MORE FUN with FRIENDS!

SAVE UP TO 20% off your monthly membership rate with our Reduced Rate Membership Referral Program

# You could qualify for our reduced rate when you:

- Refer a Friend
- Join with a Friend
- Or when you are referred by a current CCAYMCA member

### See Member Services for more information

"Friendly Staff, Clean Facility, Family Oriented – The YMCA is my Happy Place!" -current YMCA member

#### See Reverse Side for Full Member Benefits

#### NO Contracts. NO Annual Fees.

PLUS, 24/7 Access to On-Demand & Live Streamed Programs with YMCA360!



#### **Cumberland Cape Atlantic YMCA**

1159 East Landis Avenue Vineland, NJ • (856) 691-0030 • www.ccaymca.org

### REDUCED RATE MEMBERSHIP REFERRAL PROGRAM

Get rewarded when you invite your friends and family to join the Y



Our special membership program that gives members an incentive for referrals. You can save up to 20% off your monthly automatic draft when you are referred or you refer a new member.

Valid only for Facility Memberships. To maintain your monthly reduced rate savings, each member must remain active and in good standing. The more you refer the better your chances of maintaining your eligibility



#### SAVE UP TP 20% EACH MONTH and pay \$0 Joiner Fee!

FACILITY MEMBERSHIP TYPE	REGULAR MONTHLY RATE*	REDUCED MONTHLY RATE*
YOUTH Individual Age 0-12	\$29	\$25
<b>TEEN</b> Individual Age 13-19	\$41	\$33
YOUNG ADULT Individual Age 20-25	\$46	\$39
ADULT Individual Age 26-64	\$55	\$48
SENIOR ADULT Individual Age 65+	\$51	\$44
ONE ADULT HOUSEHOLD 1 adult (18+) and up to 6 of their dependent children up to age 25	\$71	\$62
<b>TWO ADULT</b> <b>HOUSEHOLD</b> 2 adults (18+) and up to 6 of their dependent children up to age 25	\$83	\$72

- ALL MEMBERSHIPS: All members must reside in the same household with proof of residence. Minors may only be enrolled by their parent/legal guardian.
- ADDITIONAL ADULTS: may be added to any Household Membership with proof of residence for an additional \$30 each per month.
- LIVE-IN SENIOR ADULTS: (65 or older with proof of residence) may be added for an additional \$20 each per month.

#### Enjoy These Facility Member Benefits For Youth

- Rock Climbing Wall, Ninja Course, Interactive Games & Expresso Bikes in our Family Health & Adventure Center for 8+
- Seasonal Youth Sports programs starting at Pre-K age.
- Youth Dance, Kickboxing, and Drumfit classes.
- Themed activities like Nerf Battles, Video Game Nights, and more.
- Youth & Teen Times in our Free Weight Room & Family Fitness Center.
- Teens can workout without their parents on-site starting at age 13.

#### For Adults

- Fully Equipped Free Weight Room (dumbbells up to 130lbs)
- Family Fitness Center complete with Cardio, Resistance, and Strength Training Equipment
- Family Health and Adventure Center with stretching area and additional fitness equipment.
- Variety of Group Exercise Classes for all levels offered Monday – Saturday
- Indoor Heated Pool with Lap Lanes, Family Lanes, and Adult Swim Times
- Signature Health Programs: LiveStrong, Diabetes Prevention, and Blood Pressure Self Monitoring

#### For ALL

- YMCA 360 Digital Streaming Service Personal Training, & FREE Wellness
- Checks & a Fitness Center Orientation
- Free Wi-Fi Zone
- Free Member Library
- FREE Community Events
- Lifeguard Certification Courses
- Safe, Clean, & Handicap Accessible Facility

- Indoor Heated pool w/ Family Swim Times
- Swim Lessons starting at 6 months old.
- Family/Youth Open Play
  Basketball
- Child Watch While You Workout for ages 6 months -10 years old
- Summer Camp
- Before & After Care
- Swim Team
- Outdoor Fun Zone (open seasonally)
- MVP programs for youth with special needs.
- Water Exercise Classes
- Adult Locker Rooms with a Steam Room, and Whirlpool.
- Lockers available for daily use or for rent.
- Indoor Pickleball
- Indoor Full Court
  Basketball
- Indoor Walking Track
- Boxing/Kickboxing

- Friendly, Supportive, & Knowledgeable Staff
- Volunteer Opportunities
- Financial Assistance thru YCares
- Facility & Baptism Rentals
- Pool Parties