The Y is now...as it has always been...a place of possibility and promise for all. Unfortunately, in times when the true power of “us” is unknown to many and our bonds are fraying, we must do even more to enhance our human connections. That’s why the Y passionately focuses on strengthening communities.

Every day, the Y supports kids, adults, seniors and families with programs that protect, teach, connect, heal, nourish and encourage. Everything we do helps communities and the “us” who live in them thrive.

2020 Annual Giving Campaign

THERE’S A Y IN EVERY FAMILY
2020 Annual Campaign
Cumberland Cape Atlantic YMCA

When you donate to the Cumberland Cape Atlantic, you make the communities of Cumberland, Cape May, and Atlantic counties better and the “us” who live in them stronger.

• **Youth Development**
  All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential. We see every interaction with young people as an opportunity for learning and development—all grounded in the Y’s core values of caring, honesty, respect and responsibility.

• **Healthy Living**
  We help people and families build and maintain healthy habits for spirit, mind and body in their everyday lives. Through our Annual Giving Campaign, our YMCA is able to provide programs such as Livestrong Cancer Survivor Program, Diabetes Prevention Program, and Blood Pressure Self-Monitoring Program at no cost to the participant. By helping kids, adults, families and seniors from all walks of life improve their health and well-being, we build a stronger community.

• **Social Responsibility**
  With our doors open to all, we bring together people from all backgrounds, to support those in need. Our Y Cares Financial Assistance Program ensures that we never turn anyone away, due to the inability to pay. We take on the most urgent needs in our community and inspire a spirit of service in return. In 2019 we provided $42,839 in assistance to 149 families. Our Annual Giving Campaign helps subsidize the cost of programs such as swim lessons, summer camp, senior aquatics, and the Y MVP Special Needs Sports.

**Donate for a better us.**
Every dollar donated to the Cumberland Cape Atlantic YMCA has a lasting impact on the people in our community. Donate today for a better us.

262 Individuals were provided with Y Cares Financial Assistance
101 Completed the Y Diabetes Prevention Program since 2015
85 Participants graduated from Livestrong at the Y with over 19 different forms of cancer

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“ I have been a member for almost 3 years and it has been lovely being here. It is like my second home. The Y gives me a chance to part of it, to work at my own pace and to work up to a place where I feel comfortable...I feel good, strong, and more confident than I used to. It’s a family. It’s a community. It’s what the world should be like. And that’s how the Y makes me feel...The Y really provides a lot for me; it provides a safe place for me and my brother to go and have people around who care about me”.

Y Cares Recipient, 2019

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2020 Annual Giving Campaign
To learn more about giving to the Y, contact:

Cumberland Cape Atlantic YMCA
[856]-691-0030
www.vinelandymca.org

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