



175<sup>YEAR</sup> ANNIVERSARY



# HEALTHY KIDS DAY<sup>®</sup>

## Free To The Public!

### 10:00am-12:00pm at the YMCA



Stay or come back to join us for a FREE Water Safety "Power Hour" from 12:30-1:30pm and FREE community swim from 1:30-3:30pm. More details on the back!



Event Sponsor:  
Gary & Elizabeth  
Galloway



# APRIL 18

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PEANUTS



LOWER SUGAR  
75% LESS SUGAR



Cumberland Cape Atlantic YMCA

856-691-0030 c caymca.org

# HEALTHY KIDS DAY

## Camp Registration Special



Register for five (5) weeks of camp and get Camp Before and After Care for FREE! Must register and pay by 4/30/26. Camps for ages 3 to 15 years old!

## Activities & Concessions



There's something for everyone at Healthy Kids Day! Learn more about the Y, visit local vendors from the community, and participate in a variety of games and activities. Concessions will also be available for purchase



Visit one of FOUR inflatables including Soccer Darts, Mini All-Stars (basketball), Animal Kingdom (perfect for our younger guests!) and Adrenaline Rush (obstacle course for all ages!)

## Water Safety & Community Swim



Join in our Water Safety "Power Hour" from 12:30-1:30pm and then our Community Swim from 1:30-3:30pm. Register at the YMCA Aquatics table during our event!

Swimmers for all pool activities must have proper bathing attire, and youth under the age of 11 must have an adult in the water with them.