



2026 Milam Family Multi-Purpose Center Schedule

January 1-31

Subject to change without notice - Please check Y360 or our website for changes and updates

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5AM							
530AM	Open Gym/ Walking Track 5:00am-9:30am	Open Gym/ Walking Track 5:00am-9:30am	Open Gym/ Walking Track 5:00am-7:45am	Open Gym/ Walking Track 5:00am-7:45am	Open Gym/ Walking Track 5:00am-7:45am	Full Court Baseball 6:00am-8:30am	
6AM							
630AM							
7AM							
730AM							
8AM							
830AM							
9AM							
930AM	Walking Track 930am-1030am	Walking Track 930am-1030am	Walking Track 930am-1030am	Walking Track 930am-1030am	Walking Track 930am-1030am	Full Court Basketball 930am-12pm	
10AM							
1030AM	Youth Development 10:30-11:30am	Youth Development 10:30-11:30am	Youth Development 10:30-11:30am	Youth Development 10:30-11:30am	Youth Development 10:30-11:30am	Open Gym 8:45am-2:15pm	
11AM							
1130AM	OPEN GYM 11:30am-4:45pm	OPEN GYM 11:30am-3:45pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-3:45pm		
12PM							
1230PM							
1PM							
130PM							
2PM							
230PM							
3PM							
330PM							
4PM							
430PM							
5PM							
530PM	Private Rental 5:00-7:00pm *Closed to Members	Family Open Gym 7:15-8:30pm	Private Rental 5:00-7:00pm *Closed to Members	Private Rental 5:00-7:00pm *Closed to Members	Family Open Gym 615pm-8:30pm	Family Open Gym 715-830pm	
6PM							
630PM							
7PM							
730PM	Family Open Gym 7:15-8:30pm						
8PM							
830pm	Full Court Basketball 8:45-9:45pm	Full Court Basketball 845-945pm	Full Court Basketball 8:45-9:45pm	Full Court Basketball 8:45-9:45pm	Full Court Basketball 845-945pm		
900pm							
930pm							
10PM	YMCA Closes at 10pm						

Open Gym (OG) - Is open to all members. Please be respectful and caring of others who wish to share the space. NO Full Court Games. Please note the curtain will be dropped during open gym to split the Milam Family MPC.

Full Court Basketball (FC) - Is open to all members for full court recreational games.

Walking Track Only (WT) - During this time, members may use the Milam walking track. NO basketball permitted at this time.

Youth Development (YD) - This time slots reserved for our YMCA childcare programs. Only registered participants and staff are permitted in the room, unless otherwise specified.

Pickleball Open Play (PO) - All members ages 10+ are welcome to come in and play some pickup games! No registration required to play, but should know basic rules. Pickleball only during this time. **(Join TeamReach to know when members are playing!)**

Family Open Gym (FO) - During this time the curtain will be dropped and will allow families with parents and children under 12 to use the MPC. If no families are using the space others may use the MPC as open gym. **However, if a family comes in other members must move to other side or leave MPC no exceptions.**

*Closed to Members	REV 1/5/26	Please note the 15 minute difference between time slots to allow set up/clean up.
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