



2026 Milam Family Multi-Purpose Center Schedule

January 1-31

Subject to change without notice - Please check Y360 or our website for changes and updates

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5AM	Open Gym/ Walking Track 5:00am-9:30am	Open Gym/ Walking Track 5:00am-9:30am	Open Gym/ Walking Track 5:00am-7:45am	Open Gym/ Walking Track 5:00am-7:45am	Open Gym/ Walking Track 5:00am-7:45am			
530AM								
6AM								
630AM								
7AM								
730AM								
8AM			Group Ex Class 8am-9:15am	Group Ex Class 8am-9:15am	Group Ex Class 8am-9:15am	Open Gym 8:45am-2:15pm		
830AM								
9AM								
930AM	Walking Track 930am-1030am	Walking Track 930am-1030am					Walking Track 930am-1030am	Walking Track 930am-1030am
10AM								
1030AM	Youth Development 10:30-11:30am	Youth Development 10:30-11:30am	Youth Development 10:30-11:30am	Youth Development 10:30-11:30am				
11AM								
1130AM	OPEN GYM 11:30am-4:45pm	OPEN GYM 11:30am-3:45pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-3:45pm		8:45am-2:15pm	Full Court Basketball 930am-12pm
12PM								
1230PM								
1PM								
130PM								
2PM								
230PM								
3PM		Full Court Basketball 4:00-7:00pm	Pickleball Beginner and Intermediate Play 3:00-5:00pm	Pickleball Advanced Play 3:00-4:30pm Beginner and Intermediate Play 4:30-6:00pm	Full Court Basketball 4:00-7pm	Open Gym 4:45-545pm		Open Gym 12:15-4:45pm
330PM								
4PM								
430PM								
5PM								
530PM	Private Rental 5:00-7:00pm *Closed to Members	Family Open Gym 7:15-8:30pm	Private Rental 5:00-7:00pm *Closed to Members	Family Open Gym 615pm-8:30pm	Family Open Gym 715-830pm	YMCA Closes at 5pm		
6PM								
630PM								
7PM	Family Open Gym 7:15-8:30pm		Family Open Gym 7:15-8:30pm	Full Court Basketball 8:45-9:45pm	Full Court Basketball 845-945pm			
730PM								
8PM								
830pm	Full Court Basketball 8:45-9:45pm	Full Court Basketball 845-945pm	Full Court Basketball 8:45-9:45pm	Basketball 8:45-9:45pm	Full Court Basketball 845-945pm			
900pm								
930pm								
10PM	YMCA Closes at 10pm							
Open Gym (OG) – Is open to all members. Please be respectful and caring of others who wish to share the space. NO Full Court Games. Please note the curtain will be dropped during open gym to split the Milam Family MPC.								
Full Court Basketball (FC) - Is open to all members for full court recreational games.								
Walking Track Only (WT) – During this time, members may use the Milam walking track. NO basketball permitted at this time.								
Youth Development (YD)– This time slots reserved for our YMCA childcare programs. Only registered participants and staff are permitted in the room, unless otherwise specified.								
Pickleball Open Play (PO) – All members ages 10+ are welcome to come in and play some pickup games! No registration required to play, but should know basic rules. Pickleball only during this time. (Join TeamReach to know when members are playing!)								
Family Open Gym (FO) - During this time the curtain will be dropped and will allow families with parents and children under 12 to use the MPC. If no families are using the space others may use the MPC as open gym. However, if a familiy comes in other members must move to other side or leave MPC no exceptions.								
*Closed to Members		REV 1/5/26	Please note the 15 minute difference between time slots to allow set up/clean up.					