

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

# Camp Hiawatha Ages 6 - 8

# Cumberland Cape Atlantic YMCA CAMP REGISTRATION General Information 2025

Camper's Last Name:	Camper's First Name:	
Address	City, State, Zip	PLEASE
Birth Date:/	ale □ Female	ATTACH PHOTO
Home Phone	Cell Phone	
Age as of June 16 <sup>th</sup> , 2025	E-mail Address	
Paym	nents are due on Wednesdays the week	prior
Week 1 Pre-Camp June 16-June 2	20 - FIELD OF FRIENDS	Camp Fee

Week 1 Pre-Camp June 16-June 20 – FIELD OF FRIENDS  This week campers will get to know each other through a variety of activities; such as creating sun catchers, blowing	Camp Fee Half-day
bubbles, learning about nature and a week full of welcome activities.  This camp week was created to accommodate varying school district calendars.	\$104.75 Full-Day \$209.50
Week 2 June 23 – June 27 – Nature Explorers  This week campers will get outside and learn about the natural world exploring plants and animals and creating art through and with nature.	Camp Fee \$209.50
Week 3 June 30 – July 3 – Artistic Inspiration  Campers will tap into their creativity and try their hand at various art forms. They will learn about famous artists and create their own art using some of the techniques used by famous artists.	Camp Fee \$167.60
Week 4 July 7 – July 11 - Sports Mania  This week campers will participate in a variety of sports and physical activities. They might even learn a new set of sports skills. Campers will, participate in team-building activities and have FUN just being active.	Camp Fee \$209.50
Week 5 July 14 – July 18 - Secret Agent Put on your thinking cap! This week campers will use their detective skills to solve mysteries and "crimes" while they participate in mock spy missions and learn about the skills and gadgets used by secret agents.	Camp Fee \$209.50
Week 6 July 21 – July 25 - Builders and Engineers  Does your child enjoy taking things apart and putting them back together? Do they want to know how things work? This camp will look at the basic principles of engineering. They will be encouraged to create and build their own projects while earning about some famous engineers and their inventions.	\$209.50
Neek 7 July 28 – August 1 –SUMMER LUAU  This week is all about showing summer spirit. Each day will be filled with different activities such as pass the coconut, bineapple bowling, Tiki limbo and more. Friday campers can dress in the favorite luau outfits.	Camp Fee \$209.50
Neek 8 August 4 – August 8 – CARNIVAL WEEK This week campers will enjoy carnival activities that they will create. The week will end celebrating carnival week with campers participating in child created games as well as traditional carnival games.	Camp Fee \$209.50
Week 9 August 11 - August 15 - Yoga and Mindfulness Campers will learn about the benefits of yoga and mindfulness, with activities that will help them to relax and focus.	Camp Fee \$209.50
Week 10 August 18 - August 22 - SPLASHTACULAR Last week of camp? OH NO! Let's celebrate all of the fun things we have done this summer. Campers will have a week full of fun, with games!	\$209.50

# Before and After Care options. These fees must be paid at registration

# **Before and After with Early Bird:**

6:30-9:00 am & 4:00 - 5:30 PM - \$60 per week

# **Before and After for Camp:**

7:30-9:00 AM & 4:00-5:30 PM - \$50 per week





# **Payments and Registration:**

All payments are due by the Wednesday the week prior. Any payments made after that will be assessed a \$20 late fee.

Registration requires a \$20 deposit per week and payment is due in full prior to the beginning of the camp week.



Insurance Carrier: \_\_\_\_\_

Policy Number:

Group Number: \_

# **Cumberland Cape Atlantic YMCA 2025 CAMP REGISTRATION Emergency Contact & Health**



Camper's Name	*Please ask for an additional sheet if you need to add more than 4 pick-up people or contacts. All authorized pick-ups must be 18 or older.
Parent/Guardian Informatio	n – Must be able to pick up camper

Camper's Name		or contacts. All authorized be 18 or older.	ed pick-ups must
Parent/Guardian Inform	ation – Must be	e able to pick up camp	er
Parent 1 or Legal Guardian Information		Parent 2 or Legal Guardian In	formation
Last Name:	Last Name		
First Name:			
Home Phone:			
Cell Phone:			
Work Phone:			
Employer:			
*Email:			
	: Custody Inform		
Has there been a divorce or separation? ☐ Yes	□ No		
If Yes, who has custody?			
The joint/non-custodial parent can be contacted in the evo	ent of an emergency	□ Yes □ No	
Emergency Contacts (Other than F	- , , , , , , , , , , , , , , , , , , ,		up camper
Emergency Contact #1	ar one, oddraidin,	Emergency Contact #	
Name:	Name:		
Relationship:			
Cell Phone:			
Work Phone:			
Address:			
Medical and Behavior Quest	ions to help us pi	rovide the best care pos	sible
Copies of immuniza	tion records must be	turned in at sign up	
Has your child been diagnosed or treated for the following  □ Asthma □ Allergies □ Spe □ Spectrum Disorder □ ADHD □ Alle	i: cial Dietary Needs ergy to Poison Ivy	☐ Allergies to Insect Stings ☐ Other	□ Seizures
Please provide details for any of the above checked boxes	: Signs o	or symptoms to watch for:	
Please list current medications, prescribed or over the cou		currently taking:	
Would you like to discuss your child's personal medical or paperwork by June $1^{\rm st}$ for a phone conference. Or attach a	behavioral needs with a letter with additional o	the Camp Director prior to the staconcerns. $\square$ Yes $\square$ No	art of camp? Must turn in
Family Physician Information			
Physician's Name:			
Number:	Contact Number	er:	
Number:	E Contact Mullipe	d i	

Best Time to be reached:

Parent/Guardian Signature:



# **Cumberland Cape Atlantic YMCA 2025 CAMP REGISTRATION Camp Rules & Authorizations**



# **Camp Rules**

In order for all campers to have the best possible experience, all campers need to be aware of the rules and agree to follow them. If a camper consistently or excessively breaks the rules and chooses not to take part in camp, they negatively impact other campers by jeopardizing their physical or emotional safety. When this happens, all other campers fail to receive the best possible camp experience.

#### **Camp Rules:**

- 1)Treat myself, others, and camp with Caring, Honesty, Respect, and Responsibility
- 2)Follow directions and instructions from staff
- 3)Keep hands, feet and all other body parts to myself
- 4) Respect all camp facilities, equipment, and property

#### **Camper Consequences:**

- 1)Redirection of camper
- 2) Verbal warning or thinking time
- 3) Visit with camp director and/or call home. Child may speak to parents at that time
- 4)In the event that a second phone call is necessary, the child will be sent home
- 5)In the event of consistent/excessive failure to follow the rules, the camper will be sent home and a suspension may be issued

6)If a camper endangers the physical, mental or emotional health of themselves or others, the camper may be immediately expelled	nediately suspended or
Parent Signature: Camper Signature:	
Camp Authorization	
My child is in good health and can participate in the normal activities of the program	Initial Here
I agree to follow Camp Payment Policies; if not I will be subject to fees and refused admittance	Initial Here
I have received and reviewed a copy of the YMCA Camp Parent Handbook	Initial Here
I understand that my child must be physically signed in and out of the program by an authorized $\underline{\textbf{adult}}$ daily	Initial Here
I understand that the YMCA is not responsible for lost, stolen or damaged personal articles	Initial Here
My child and I have reviewed the Camper Behavior Policy	Initial Here
I understand that breakfast and lunch will be provided for my camper starting June 16 <sup>th</sup> .	Initial Here
*Sequoia and Arrow Parents Only - Please initial the next two (2) statements	
I have received and reviewed a copy of the YMCA Transportation Policy (in handbook) and	
agree to let my child participate	* Initial Here
I have received and reviewed a copy of the Merrywood Activities Form & agree to let my child participate	* Initial Here
I give permission for the Cumberland Cape Atlantic YMCA to:	
Seek medical treatment for my child, in my absence, in the event of an emergency	Initial Here
Use any photo, voice recordings or videos taken of my child for any projects and all promotional purposes at the YN Summer affiliates (including but not limited to, GirlScouts, National Inclusion Project, 4-H, and Citizens United to	
Protect the Maurice River and its Tributaries.)	Initial Here
To transport my child as necessary for camp activities. This may include busing for swimming and field trips	Initial Here
Allow my child to go on short walks under Y Staff supervision	Initial Here
I hereby agree, and accept, responsibility in above initialed items.	
Parent Signature Date	
Licensing Statement	
In keeping with New Jersey's child care licensing requirements, we are obligated to provide you, as the parent/care our program, with the informational statement contained in the Parent Handbook.  The statement highlights, among other things:  A Your right to observe our center at any time without having to secure permission.	egiver of a child enrolled in

- Your right to observe our center at any time without having to secure permission
- •The center's obligation to be licensed and to comply with licensing standards and
- •The obligation of all citizens to report suspected child abuse of all forms (physical, sexual, emotional, and neglect) to the State's Division of Child Protection and Permanency

Name of child:	Name of Parent (s)/Guardian (s):

I have read and received a copy of the Information to Parents statement prepared by the Bureau of Licensing in the Division of Youth and Family found in the Parent's Handbook.



# Cumberland Cape Atlantic YMCA 2025 CAMP REGISTRATION YMCA Policies



# **Parent Statement of Understanding**

The following information is important for the safety and protection of your child. Please read the information, sign this form, and return the original to the Cumberland Cape Atlantic YMCA (CCA YMCA). A copy will be filed with your child's records.

- I understand that CCA YMCA staff and volunteers are not allowed to baby-sit or transport children at any time outside the CCA YMCA program. If a violation is discovered, the Y will take immediate disciplinary action toward staff and/or volunteers.
- I understand that staff and volunteers are not allowed to initiate contact with members and program participants outside the CCA YMCA, unless necessary in certain limited cases for the smooth operation of a CCA YMCA program. If deemed necessary, contact should be made with the program participant's parent or guardian. Contact includes, but is not limited to, sharing of phone numbers, email addresses, personal websites and/or web logs. If a violation is discovered, the Y will take immediate disciplinary action toward staff and/or volunteers.
- I understand that I am not to leave my child at the CCA YMCA or program site unless a CCA YMCA staff or volunteer is there to receive and supervise my child. I understand that my child must be escorted to and from the program area by me or another person on my authorized list. Children may not just be dropped off at the door. \*Note: The CCA YMCA's policy is that children under the age of 12 may not be alone in our facilities/program sites.
- I understand children should not receive excessive gifts (e.g. toys, video games, jewelry) from CCA YMCA staff or volunteers, and I should report this to a supervisor if they do.
- I understand that my child will not be allowed to leave the program with an unauthorized person. Any person authorized to pick up my child, including relatives, must be listed with CCA YMCA and **must be at least 18 years of age required by the CCA YMCA**. Any other alternate pick-up arrangements must be requested on approved form by a parent/guardian. Phone notification of an alternate pick-up arrangement is only accepted in an emergency.
- I understand that should a person arrive to pick up my child who appears to be under the influence of drugs or alcohol, for the child's safety, staff may have no recourse but to contact the police. Please do not put staff in a position where they have to make this judgment call.
- I understand that I can help ensure my child's safety by taking an active interest in his or her CCA YMCA experience. I too will monitor volunteer and staff interactions with my child and ask my child specific questions about program activities and volunteer or staff relationships with my child.
- I understand that the CCA YMCA is mandated by state law to report any suspected cases of child abuse or neglect to the appropriate authorities for investigation.
- •I have received a copy of the CCA YMCA Youth Program Handbook and/or Program Policies and Procedures and will keep it for future reference.

reference.	
Parent Signature	Date

# **Parent Notification of Communications Policy**

Families entrust their children to the Cumberland Cape Atlantic YMCA's care for child care, camp, and other youth programs. Our promise to those we serve is to provide a safe environment in which all participants are treated in a caring, honest, respectful and responsible way.

CCA YMCA staff, volunteers, program participants and parents must work together to ensure adherence to this policy.

# **CCA Staff and Volunteers:**

- Will block any personal websites or blogs and mark them as private, denying access to any CCA YMCA program participants
- Will not disclose personal email, telephone, cell phone or website information to any program participants
- Will not attempt to contact any participant via phone, text message email, phone apps, websites or blogs for non-program related business
- Will not use any photos taken for CCA YMCA programs or marketing purposes for personal use
- Will not use cell phones for personal calls during business hours
- Will not use cell phone cameras to take photos of program participants for any reason
- Will notify his/her supervisor immediately if a youth attempts to communicate with an employee via e-mail, instant message, cell phone or social network site

#### **CCA YMCA Program Participants and Their Parents Agree:**

- Not to contact any staff via staff's personal telephone/cell phone, text message, phone apps, email, websites or blogs
- Not to use cell phones during program hours
- •They will not share photos, logos or images of the CCA YMCA or its program participants
- Personal photos may only be taken with consent and may not be displayed in any derogatory fashion
- Will not take cell phone photos of staff or program participants while engaged in CCA YMCA programs

Of course, the CCA YMCA does not mean to interfere with anyone's private life, but publicly observable communications, actions or words are not private, and personal expression can have legal consequences, including defamation, copyright infringement and trademark infringement.

Parent Signature	Date
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# Cumberland Cape Atlantic YMCA 2025 CAMP REGISTRATION Deposits, Fees and Payment



# **Deposits**

- •A \$20.00 deposit is required for EVERY week/session.
- •Deposits are non-refundable and non-transferable
- •Deposits are due at the time of registration

#### **Promotions**

☐ <b>Sibling Reduced Rate*:</b> First child is full price, each additional child (registered in the same week of camp) will
receive \$20.00 off
☐ <b>Before and After Care Camp*:</b> Fees are waived if five (5) or more weeks of camp are paid in full by April 30th,
2025 (Excludes \$10 Early Bird rates). Only the weeks paid for by this date will receive the free before and after camp
care.
☐ <b>T-Shirt*:</b> Camper receives a free t-shirt if six (6) or more weeks if registered by April 30th, 2025 (\$8.00 value)
□ <b>Subsidized Families Only:</b> Families receiving assistance are eligible for a free t-shirt when co-pay for six (6) or
more weeks are paid in full by April 30th, 2025.

#### **Fees**

- □ \$50 registration fee due at the time of registration
- ☐ All before and after camp fees must be paid in full at the time of registration.
- ☐ Weekly camp fees are due the Wednesday prior to the start of the camp week.

Registration fees and deposits are non-transferable and non-refundable

# **Credits (In House Only)**

Refunds are not available for Deposits, Registration Fee, or days your child is absent. In-house credits will be considered for medical reasons ONLY. Credit requests MUST be accompanied by a doctor's note.

#### **Financial Assistance**

Financial Assistance is available through Rutgers Southern Regional Child Care Resource & Referral. Contact our Financial Services Coordinator at 856-691-0030 extension 111 for more information. If denied by Rutgers, Financial Assistance is available through the Y - applications are available at the Member Service Desk and on our website, www.ccaymca.org. Funds are limited – APPLY EARLY.







Zipline at Merrywood!

**Nature Enrichment** 

Outdoor activities at all our camps!

<sup>\*</sup>These discounts are for non-third party participants



# Cumberland Cape Atlantic YMCA 2025 CAMP REGISTRATION Checklist



Parent Checklist				
Parent/Guardian please <u>initial</u> next to each item that you are handing in today. (No check marks will be accepted.)  Completed Registration Form				
Photo Release				
Signed Medical Information				
Completed Health Form				
Immunization Record				
Expulsion Policy				
Food Form				
Merrywood Activity Waiver (Sequoia, Arrow, and CIT)				
Completed CIT packet (CIT only)				
Any notes or information to be filed on your camper (optional)				
Correct payment and/or deposit amount				
Parent Signature				
Parent is to sign off that all paperwork is filled out completely.				
Parent Signature: Date:				
Staff Signature				
Staff member receiving the paperwork is to sign off that all papers are filled out completely and correct money is remitted.				
Staff Signature: Date:				

THANK YOU FOR CHOOSING TO SPEND YOUR SUMMER AT THE Y, HAVE FUN AND MAKE SUMMER CAMP MEMORIES TO LAST A LIFETIME!





	For
Emergency Contact #5	(Childs name)
Name:	
Relationship:	
Cell Phone:	
Work Phone:	
Emergency Contact #6	Please use this sheet only to add additional contacts and pick-up people for your camper(s). We will
Name:	not accept it written on a
Relationship:	separate piece of paper.
Cell Phone:	
Work Phone:	
Relationship:	
Cell Phone:	
Work Phone:	
Address:	
Emergency Contact #8	
Name:	
Relationship:	/ \/ \
Cell Phone:	
Work Phone:	

Parent/Guardian Signature: \_\_\_\_\_ Date:\_\_\_\_\_

Cumberland Cape Atlantic YMCA 2025 CAMP REGISTRATION

**Additional Emergency Contacts** 

# Department of Children and Families Office of Licensing

# INFORMATION TO PARENTS

Under provisions of the *Manual of Requirements for Child Care Centers (N.J.A.C. 3A:52)*, every licensed child care center in New Jersey must provide to parents of enrolled children written information on parent visitation rights, State licensing requirements, child abuse/neglect reporting requirements and other child care matters. The center must comply with this requirement by reproducing and distributing to parents and staff this written statement, prepared by the Office of Licensing, Child Care & Youth Residential Licensing, in the Department of Children and Families. In keeping with this requirement, the center must secure every parent and staff member's signature attesting to his/her receipt of the information.

Our center is required by the State Child Care Center Licensing law to be licensed by the Office of Licensing (OOL), Child Care & Youth Residential Licensing, in the Department of Children and Families (DCF). A copy of our current license must be posted in a prominent location at our center. Look for it when you're in the center.

To be licensed, our center must comply with the Manual of Requirements for Child Care Centers (the official licensing regulations). The regulations cover such areas as: physical environment/life-safety; staff qualifications, supervision, and staff/child ratios; program activities and equipment; health, food and nutrition; rest and sleep requirements; parent/community participation; administrative and record keeping requirements; and others.

Our center must have on the premises a copy of the Manual of Requirements for Child Care Centers and make it available to interested parents for review. If you would like to review our copy, just ask any staff member. Parents may view a copy of the Manual of Requirements on the DCF website at <a href="http://www.nj.gov/dcf/providers/licensing/laws/CCCmanual.pdf">http://www.nj.gov/dcf/providers/licensing/laws/CCCmanual.pdf</a> or obtain a copy by sending a check or money order for \$5 made payable to the "Treasurer, State of New Jersey", and mailing it to: NJDCF, Office of Licensing, Publication Fees, PO Box 657, Trenton, NJ 08646-0657.

We encourage parents to discuss with us any questions or concerns about the policies and program of the center or the meaning, application or alleged violations of the Manual of Requirements for Child Care Centers. We will be happy to arrange a convenient opportunity for you to review and discuss these matters with us. If you suspect our center may be in violation of licensing requirements, you are entitled to report them to the Office of Licensing toll free at 1 (877) 667-9845. Of course, we would appreciate your bringing these concerns to our attention, too.

Our center must have a policy concerning the release of children to parents or people authorized by parents to be responsible for the child. Please discuss with us your plans for your child's departure from the center.

Our center must have a policy about administering medicine and health care procedures and the management of communicable diseases. Please talk to us about these policies so we can work together to keep our children healthy.

Our center must have a policy concerning the expulsion of children from enrollment at the center. Please review this policy so we can work together to keep your child in our center.

Parents are entitled to review the center's copy of the OOL's Inspection/Violation Reports on the center, which are available soon after every State licensing inspection of our center. If there is a licensing complaint

investigation, you are also entitled to review the OOL's Complaint Investigation Summary Report, as well as any letters of enforcement or other actions taken against the center during the current licensing period. Let us know if you wish to review them and we will make them available for your review or you can view them online at https://childcareexplorer.njccis.com/portal/.

Our center must cooperate with all DCF inspections/investigations. DCF staff may interview both staff members and children.

Our center must post its written statement of philosophy on child discipline in a prominent location and make a copy of it available to parents upon request. We encourage you to review it and to discuss with us any questions you may have about it.

Our center must post a listing or diagram of those rooms and areas approved by the OOL for the children's use. Please talk to us if you have any questions about the center's space.

Our center must offer parents of enrolled children ample opportunity to assist the center in complying with licensing requirements; and to participate in and observe the activities of the center. Parents wishing to participate in the activities or operations of the center should discuss their interest with the center director, who can advise them of what opportunities are available.

Parents of enrolled children may visit our center at any time without having to secure prior approval from the director or any staff member. Please feel free to do so when you can. We welcome visits from our parents.

Our center must inform parents in advance of every field trip, outing, or special event away from the center, and must obtain prior written consent from parents before taking a child on each such trip.

Our center is required to provide reasonable accommodations for children and/or parents with disabilities and to comply with the New Jersey Law Against Discrimination (LAD), P.L. 1945, c. 169 (N.J.S.A. 10:5-1 et seq.), and the Americans with Disabilities Act (ADA), P.L. 101-336 (42 U.S.C. 12101 et seq.). Anyone who believes the center is not in compliance with these laws may contact the Division on Civil Rights in the New Jersey Department of Law and Public Safety for information about filing an LAD claim at (609) 292-4605 (TTY users may dial 711 to reach the New Jersey Relay Operator and ask for (609) 292-7701), or may contact the United States Department of Justice for information about filing an ADA claim at (800) 514-0301 (voice) or (800) 514-0383 (TTY).

Our center is required, at least annually, to review the Consumer Product Safety Commission (CPSC), unsafe children's products list, ensure that items on the list are not at the center, and make the list accessible to staff and parents and/or provide parents with the CPSC website at <a href="https://www.cpsc.gov/Recalls">https://www.cpsc.gov/Recalls</a>. Internet access may be available at your local library. For more information call the CPSC at (800) 638-2772.

Anyone who has reasonable cause to believe that an enrolled child has been or is being subjected to any form of hitting, corporal punishment, abusive language, ridicule, harsh, humiliating or frightening treatment, or any other kind of child abuse, neglect, or exploitation by any adult, whether working at the center or not, is required by State law to report the concern immediately to the *State Central Registry Hotline*, *toll free at (877) NJ ABUSE/(877) 652-2873*. Such reports may be made anonymously. Parents may secure information about child abuse and neglect by contacting: DCF, Office of Communications and Legislation at (609) 292-0422 or go to <a href="https://www.state.nj.us/dcf/">www.state.nj.us/dcf/</a>.

#### **EXPULSION POLICY**

# NAME OF CENTER:

Unfortunately, there are sometimes reasons we have to expel a child from our program either on a short term or permanent basis. We want you to know we will do everything possible to work with the family of the child(ren) in order to prevent this policy from being enforced.

The following are reasons we may have to expel or suspend a child from this center:

# **IMMEDIATE CAUSES FOR EXPULSION:**

- The child is at risk of causing serious injury to other children or himself/herself.
- Parent threatens physical or intimidating actions toward staff members.
- Parent exhibits verbal abuse to staff in front of enrolled children

# PARENTAL ACTIONS FOR CHILD'S EXPULSION:

- Failure to pay/habitual lateness in payments.
- Failure to complete required forms including the child's immunization records.
- Habitual tardiness when picking up your child.
- Verbal abuse to staff.
- Other (explain)

# **CHILD'S ACTIONS FOR EXPULSION:**

- Failure of child to adjust after a reasonable amount of time.
- Uncontrollable tantrums/ angry outbursts.
- Ongoing physical or verbal abuse to staff or other children.
- Excessive biting.
- Other (explain)

# SCHEDULE OF EXPULSION:

If after the remedial actions above have not worked, the child's parent/guardian will be advised verbally and in writing about the child's or parent's behavior warranting an expulsion. An expulsion action is meant to be a period of time so that the parent/guardian may work on the child's behavior or to come to an agreement with the center. The parent/guardian will be informed regarding the length of the expulsion period and the expected behavioral changes required in order for the child or parent to return to the center. The parent/guardian will be given a specific expulsion date that allows the parent sufficient time to seek alternate child care (approximately one to two weeks' notice depending on risk to other children's welfare or safety). Failure of the child/parent to satisfy the terms of the plan may result in permanent expulsion from the center.

# A CHILD WILL NOT BE EXPELLED IF A PARENT/GUARDIAN:

- Made a complaint to the Office of Licensing regarding a center's alleged violations of the licensing requirements.
- Reported abuse or neglect occurring at the center.
- Questioned the center regarding policies and procedures.
- Without giving the parent sufficient time to make other child care arrangements.

# PROACTIVE ACTIONS THAT CAN BE TAKEN IN ORDER TO PREVENT EXPULSION:

- Try to redirect child from negative behavior.
- Reassess classroom environment, appropriateness of activities, supervision.
- Always use positive methods and language while disciplining children.
- Praise appropriate behaviors.
- Consistently apply consequences for rules.
- Give the child verbal warnings.
- Give the child time to regain control.

- Document the child's disruptive behavior and maintain confidentiality.
- Give the parent/guardian written copies of the disruptive behavior that might lead to expulsion.
- Schedule a conference including the director, classroom staff, and parent/guardian to discuss how to promote positive behaviors.
- Give the parent literature of other resources regarding methods of improving behavior.
- Recommend an evaluation by professional consultation on premises.
- Recommend an evaluation by local school district study team.

# **UNIVERSAL CHILD HEALTH RECORD**

Endorsed by:

American Academy of Pediatrics, New Jersey Chapter New Jersey Academy of Family Physicians New Jersey Department of Health

SECTION I - TO BE COMPLETED BY PARENT(S)											
Child's Name (Last) (First)					Gende	er		Date of I	Birth		
					□ M	/lale	Female	Э	/	/	
Does Child Have Health Insurance?	If Yes, I	Name of	Child's Health	Inst	ırance Ca	rrier					
□Yes □No											
Parent/Guardian Name Home Tele				none	Number			Work Teleph	ione/Ce	ell Phone Number	
			( ) -					( ) -			
Parent/Guardian Name			Home Telephone Number					Work Telephone/Cell Phone Number			
			( )					(	)	-	
I give my consent for my chile	re P	rovider/S	School No	urse to d	liscuss the i	nforma	ntion on this form.				
Signature/Date					orm may be r						
								]Yes [	□No		
SECTION II - TO BE COMPLETED BY HEALTH CARE PROVIDER											
Date of Physical Examination: Results of p Abnormalities Noted:									S T	Пио	
Abriormaniles Noted.				Weight (must be taken within 30 days for WIC)							
					Height (must be taken						
					within 30 days for WIC)						
							ircumfer	ence			
						(if <2 Y			1		
						Blood Pressure (if >3 Years)					
Immunization Rec					\ttachcd	(" <u>2</u> 3 T	cais)		1		
IMMUNIZATIONS											
Date Next Immunization Due:  MEDICAL CONDITIONS											
List medical conditions/ongoing surgical			ial Care Plan		Comments						
concerns:			ched	1							
Medications/Treatments			eial Cara Dian	C	Comments						
List medications/treatments:		Special Care Plan Attached									
Limitations to Physical Activity  List limitations/special considerations:		None			omments						
		Special Care Plan									
·		Attached  None			Comments						
Special Equipment Needs  • List items necessary for daily activities		Special Care Plan			Commond						
		Atta	ched	1_							
Allergies/Sensitivities     List allergies:		<ul><li>☑ None</li><li>☑ Special Care Plan</li></ul>		Comments							
		☐ Spec									
Special Diet/Vitamin & Mineral Supplements  • List dietary specifications:		None			Comments						
			ial Care Plan	ın							
		Atta		_	omments						
Behavioral Issues/Mental Health Diagnosis  List behavioral/mental health issues/concerns:		=	ial Care Plan								
			ched	hed							
Emergency Plans						omments					
			ial Care Plan ched								
PREVENTIVE HEALTH SCREENINGS											
Type Screening	Date Performed				Type Screening			Date Perfor	med	Note if Abnormal	
Hgb/Hct					Hearing						
Lead: Capillary Venous					Vision						
TB (mm of Induration)					Dental						
Other:					Developi	mental					
Other:					Scoliosis	3					
I have examined the above student and reviewed his/her health history. It is my opinion that he/she is medically cleared to											
participate fully in all child care/school activities, including physical education and competitive contact sports, unless noted above.											
Name of Health Care Provider (Prin	Ith Care Pr	rovider Sta	amp:								
Signature/Date											

# Instructions for Completing the Universal Child Health Record (CH-14)

#### **Section 1 - Parent**

Please have the parent/guardian complete the top section and sign the consent for the child care provider/school nurse to discuss any information on this form with the health care provider.

The WIC box needs to be checked only if this form is being sent to the WIC office. WIC is a supplemental nutrition program for Women, Infants and Children that provides nutritious foods, nutrition counseling, health care referrals and breast feeding support to income eligible families. For more information about WIC in your area call 1-800-328-3838.

#### Section 2 - Health Care Provider

- Please enter the date of the physical exam that is being used to complete the form. Note significant abnormalities especially if the child needs treatment for that abnormality (e.g. creams for eczema; asthma medications for wheezing etc.)
  - Weight Please note pounds vs. kilograms. If the form is being used for WIC, the weight must have been taken within the last 30 days.
  - Height Please note inches vs. centimeters. If the form is being used for WIC, the height must have been taken within the last 30 days.
  - Head Circumference Only enter if the child is less than 2 years.
  - Blood Pressure Only enter if the child is 3 years or older
- Immunization A copy of an immunization record may be copied and attached. If you need a blank form on which to enter the immunization dates, you can request a supply of Personal Immunization Record (IMM-9) cards from the New Jersey Department of Health, Vaccine Preventable Diseases Program at 609-826-4860. The Immunization record must be attached for the form to be valid.
  - "Date next immunization is due" is optional but helps child care providers to assure that children in their care are up-to-date with immunizations.
- Medical Conditions Please list any ongoing medical conditions that might impact the child's health and well being in the child care or school setting.
  - a. Note any significant medical conditions or major surgical history. If the child has a complex medical condition, a special care plan should be completed and attached for any of the medical issue blocks that follow. A generic care plan (CH-15) can be downloaded at <a href="https://www.nj.gov/health/forms/ch-15.dot">www.nj.gov/health/forms/ch-15.dot</a> or pdf. Hard copies of the CH-15 can be requested from the Division of Family Health Services at 609-292-5666.
  - b. Medications List any ongoing medications. Include any medications given at home if they might impact the child's health while in child care (seizure, cardiac or asthma medications, etc.). Short-term medications such as antibiotics do not need to be listed on this form. Long-term antibiotics such as antibiotics for urinary tract infections or sickle cell prophylaxis should be included.

PRN Medications are medications given only as needed and should have guidelines as to specific factors that should trigger medication administration.

Please be specific about what over-the-counter (OTC) medications you recommend, and include information for the parent and child care provider as to dosage, route, frequency, and possible side effects. Many child care providers may require separate permissions slips for prescription and OTC medications.

- c. Limitations to physical activity Please be as specific as possible and include dates of limitation as appropriate. Any limitation to field trips should be noted. Note any special considerations such as avoiding sun exposure or exposure to allergens. Potential severe reaction to insect stings should be noted. Special considerations such as back-only sleeping for infants should be noted.
- d. **Special Equipment** Enter if the child wears glasses, orthodontic devices, orthotics, or other special equipment. Children with complex equipment needs should have a care plan.
- e. Allergies/Sensitivities Children with lifethreatening allergies should have a special care plan. Severe allergic reactions to animals or foods (wheezing etc.) should be noted. Pediatric asthma action plans can be obtained from The Pediatric Asthma Coalition of New Jersey at www.pacnj.org or by phone at 908-687-9340.
- f. **Special Diets** Any special diet and/or supplements that are medically indicated should be included. Exclusive breastfeeding should be noted.
- g. Behavioral/Mental Health issues Please note any significant behavioral problems or mental health diagnoses such as autism, breath holding, or ADHD.
- Emergency Plans May require a special care plan if interventions are complex. Be specific about signs and symptoms to watch for. Use simple language and avoid the use of complex medical terms.
- 4. Screening This section is required for school, WIC, Head Start, child care settings, and some other programs. This section can provide valuable data for public heath personnel to track children's health. Please enter the date that the test was performed. Note if the test was abnormal or place an "N" if it was normal.
  - For lead screening state if the blood sample was capillary or venous and the value of the test performed.
  - For PPD enter millimeters of induration, and the date listed should be the date read. If a chest x-ray was done, record results.
  - Scoliosis screenings are done biennially in the public schools beginning at age 10.

This form may be used for clearance for sports or physical education. As such, please check the box above the signature line and make any appropriate notations in the Limitation to Physical Activities block.

- 5. Please sign and date the form with the date the form was completed (note the date of the exam, if different)
  - Print the health care provider's name.
  - Stamp with health care site's name, address and phone number.