

# KIDS CHALLENGE



## Monday & Wednesday 6-8pm

Ninja speed course challenge! – How fast of a ninja are you? Complete the full course in the quickest time to win a prize! Competitions will run every Monday and Wednesdays from 6-8pm. Official rules below.

- Must be within the age guidelines of 8-15
- During competitions, only one child can go at a time
- If unable to complete an obstacle and would like to “skip,” 10 seconds will be added to final time for each obstacle not cleared or skipped.
- Participants may receive help from a parent.
- There will be 2 age group categories, 8-11 and 12-15
- The course must be completed in order.
- At the end of the challenge, the winner(s) will get a Sticker, once they earn 12 stickers, they will earn a prize, and get their picture taken to be featured on our facebook page!
- Kids have the right of way!



## Tuesday & Thursday 6-8pm

Heavy ball agility challenge! – The objective is to beat the game of the day! That could be double tag team, 1 on 1, or a different competition game. Official rules below!

- Kids participating must be 8 or above, and kids get to go first!
- Teams can be formed as participants wish
- Unlimited tries are welcome! But everyone must get their shot to go a first time before people go a second time
- At the end of the challenge, the winner(s) will get a prize, and get their picture taken to be featured on our facebook page!
- There will be separate categories for kids and adults.
- Kids have the right of way so they go first!



## Monday-Thursdays 5:30pm

Learn dynamic stretches! – follow along with our YMCA Youth attendant to learn how to properly stretch on a daily basis. No registration required!

## Monday-Thursdays 7pm

Collect the magnets! – Climb on the rock climbing wall and see how many of the magnetic pieces you can collect. Team up or play individually! A youth attendant will be available to guide you throughout the process.