

# THERE'S A Y IN EVERY FAMILY

## Join Ours Today!



### Membership Type

Membership Type	GENERAL FACILITY MEMBERSHIP RATES		REDUCED MEMBERSHIP RATES Save 15% *See Member Services	
	Automatic MONTHLY Draft	PREPAY 1 YEAR AND GET 1 BONUS MONTH FREE!	Automatic MONTHLY Draft	PREPAY 1 YEAR AND GET 1 BONUS MONTH FREE!
<b>Youth</b> Individual age 0-12	\$15.95	\$189	<i>Our already low rate</i> \$15.95	\$189
<b>Teen</b> Individual age 13-19	\$25.95	\$309	<i>Our already low rate</i> \$25.95	\$309
<b>Young Adult</b> Individual age 20-25	\$38.95	\$465	\$33.49	\$399
<b>Adult</b> Individual age 26-64	\$49.95	\$597	\$42.49	\$509
<b>Senior Adult</b> Individual age 65+	\$45.95	\$549	\$39.49	\$469
<b>Single Parent Family</b> 1 Adult and up to 6 of their dependent children up to age 25	\$63.95	\$765	\$54.49	\$649
<b>Family</b> 2 Adults and up to 6 of their dependent children up to age 25	\$75.95	\$909	\$64.49	\$769

CUMBERLAND CAPE ATLANTIC YMCA 1159 E. Landis Avenue Vineland, NJ 08360 (856) 691-0030  
 Visit our website for schedules and more information [www.ccaymca.org](http://www.ccaymca.org)

**SAVE MORE! ASK ABOUT OUR REDUCED RATE MEMBERSHIP REFERRAL PROGRAM OR YCARES.**



# YOUR FACILITY MEMBERSHIP MEANS MORE AT THE Y

At the Y, we believe in supporting and strengthening everyone in our community through offering programs for all that focus on youth development, healthy living, and social responsibility. Every day we work side by side with our neighbors to make sure that everyone has the opportunity to learn, grow, thrive, and take charge of their health. When you join the Y you are standing with a cause and helping us continue our mission of supporting our community.

## AS A FACILITY MEMBER YOU CAN ENJOY:

- **FREE FOR NEW FACILITY MEMBERS:** Body and Health Evaluation, 1 hour personal training session, Fitness Center Orientation, and evaluation and registration into ActivTrax, our Digital Fitness and Nutrition program.
- **KONTES FAMILY POOL** our Indoor Heated 6 Lane Swimming Pool for lap swim, family swim, lessons, swim team, pool parties, baptisms, and more.
- **MILAM FAMILY MULTI-PURPOSE CENTER** for Basketball, Pickleball, plus an indoor walking track, youth programs, and more.
- **GALETTO & D'ONOFRIO FAMILY FREE WEIGHT ROOM**
- **JOHN AND JANA SCARPA FAMILY FITNESS CENTER**
- **FAMILY HEALTH AND ADVENTURE CENTER** (ages 8+) with Youth Ninja Training Course, Rock Climbing Wall, Xbox Kinect, Espresso Bikes, and more.
- **UNLIMITED** Group Land, Water, and Cycling Exercise Classes for all fitness levels - included in your membership!
- **ADULT LOCKER ROOMS (18+)** each with private changing areas, showers, whirlpool, and steam room. Family and handicap accessible locker rooms are also available.
- **Y NATIONWIDE ACCESS** Our facility members can visit any participating Y in the United States and Puerto Rico, at no additional cost.
- **CHILD WATCH WHILE YOU WORK OUT** - just \$1 per hour (for children 6 weeks-10 years old).
- **REDUCED RATES FOR SELECT PROGRAMS**— Save up to 33% on swim lessons, youth sports, rentals and more!

**SIGNATURE COMMUNITY PROGRAMS:** The YMCA offers many programs that support our community.

- YMCA's Diabetes Prevention Program
- LIVESTRONG® at the YMCA (for Cancer Survivors)
- Blood Pressure Self Monitoring Program

## PROGRAMS FOR ALL:

- Summer Day Camp
- Before and Afterschool care
- Holiday Care
- Youth Sports & Dance
- Group Exercise Classes
- Personal Training
- Youth and Adult Swim Lessons
- Senior Swim
- Water Safety Programs
- Volunteer Opportunities
- Birthday Party and Rentals

**MEMBERSHIP INFORMATION:** There's no long term contract. No annual fees. Ask Member Services about our 30-day cancellation policy.

**Joining Fee:** \$19 Individual / \$39 Family

**Membership Requirements:** Photo ID required for all adults. All minors must be legal dependents of an active adult member on the same account. Anyone listed on the same membership must reside in the same household and show proof of address.

**Add an Adult:** Additional adults may be added for \$25 per month to any adult or family membership with proof of address.

**Senior Live In Grandparents:** Can be added to an active membership for \$10 with proof of address.

## PAYMENT OPTIONS:

- **Automatic Draft:** Choose either credit/ debit card or checking/savings account to be debited automatically once per month, on the 10<sup>th</sup> or 21<sup>st</sup>, depending on your join date.
- **Prepay: 3, 6, or 12 months.** Dues must be paid in full upon joining and renewed at the end of term. When you prepay 12 months you receive a bonus 13<sup>th</sup> month plus the joining fee is waived.

**SPECIAL MEMBERSHIP PROGRAMS:** Contact Member Services for more information or questions about your membership.

**YCares Financial Assistance:** Our Annual Giving Campaign which is fully funded by donations and additional fundraising efforts of our generous staff and board members, supports individuals or families in need who apply and meet required guidelines with a 6month partial scholarship. Applications are available at our Member Services Desk or by visiting [www.cayymca.org](http://www.cayymca.org).

**Reduced Rate Membership Referral Program:** Save up to 15% of your facility membership rate when you are referred by an existing member or refer new members.

**Horizon Blue Cross Blue Shield of NJ Members** Get your first month free plus get 15% off your monthly rate. Check with your BCBS provider to see if your are also eligible for their B-Fit Program which offers a monthly reimbursement per adult.

\*Black Out Months are January and February.

**Active Duty, Reserves, and Veterans for all Branches of the Military and all First Responders** are eligible to receive 15% off of their membership rate with valid ID and/or proof of employment. Title 10 Military Personnel Contact Beverly Tarquinio at ext.124 to learn how you and your family can get a 6 month membership for FREE through the Department of Defense Initiative.

**Corporate Partnerships are available** Local Businesses can partner with the Y to get reduced pricing for their employees. Contact Donna Ocasio, Member Services Director at (856) 691-0030 ext. 116 or [docasio@cayymca.org](mailto:docasio@cayymca.org)



**#YforALL**