

# Ready. Set. Hike.

## Flag Football Clinics

Fall | Sept. 14 - Oct. 15



Kids ages 6-12 will learn the fundamentals of flag football through speed, agility and footwork drills. Our Co-Ed Flag Football will be held at the Y outside in the grassy area.

### Registration Information

Ages 6-9 Tuesdays 6:00 - 6:45 pm

Ages 10-12 Thursdays 6:00 - 6:45 pm

Facility Members: \$27.00

Program Members \$36.00

### COVID19 Guidelines for Youth Sports, per State of NJ/ CDC:

- Program will be held outdoors; if there is inclement weather, program will be canceled for the day.
- Please bring your own water, chair, towel, etc.
- Facial coverings must be worn by parents; participants will be asked to wear facial covering while NOT directly participating in the program. Temperature checks will take place each day.
- Parents will be asked to social distance while watching practice; participants will be spaced out during practice
- We are limiting the amount of parent/guest to two per family; more than one child in the household is still two parent/guest only.
- If you or someone in your household has been sick, or showing signs of sickness, we ask you to please stay home.

