



the

YMCA

**Friday  
April 28<sup>th</sup>  
6:30pm-8pm**

**YMCA Outdoor Play Zone**

# HEALTHY KIDS DAY<sup>®</sup>

**FREE to the Public**

**It's National SuperHero Day**  
and we are celebrating with  
**Crafts, Games, and Activities**  
for the whole family!

**Family Photo Area  
Inflatable Slide  
Vendors  
Snacks  
Prizes**

**Super Hero  
Meet & Greet!**



**First 50 Families**

Will receive a  
Commemorative  
Healthy Kids Day  
Tote Bag!

**FAMILY  
COSTUME  
CONTEST**



Plus first 100 kids  
dressed as a superhero  
will get our limited  
edition, "BE YOUR OWN  
SUPERHERO" glass  
compliments of our  
sponsor.



**Cumberland Cape Atlantic YMCA**

1159 E. Landis Avenue Vineland, NJ 08360 • (856) 691-0030 • [www.ccaymca.org](http://www.ccaymca.org)

# National Super Hero Day NAMOR'S Vibranium Dive

Exclusively for CCA YMCA Youth Facility or  
Program Members 10-13 years old

Join us for our underwater adventure to hunt for  
Vibranium. Watch out for Namor as he will protect  
the waters and lead a game of "Namor Says"

**Friday April 28<sup>th</sup>**  
**5:45pm-6:15pm**

**Facility Members \$3 per Child**  
**Program Members \$5 per Child**



**JOIN US!**  
Pictures with Namor  
Games & Prizes

Afterwards, everyone is welcome to  
join us for more fun and activities with  
Namor and our other Super Heroes during  
our Healthy Kids Day event held in our  
**OUTDOOR PLAY ZONE** from 6:30pm-8pm  
or our **COMMUNITY SWIM** hour.

**Cumberland Cape Atlantic YMCA**

1159 E. Landis Avenue Vineland, NJ 08360  
(856) 691-0030 • [www.ccaymca.org](http://www.ccaymca.org)



**KONTES POOL**  
**COMMUNITY**  
**SWIM** «

**7:15PM-8:15PM**

**FREE to the Public**

- **SPACE IS LIMITED.** Must register in advance at the **AQUATICS TABLE** (near the inflatable slide) by 7pm.
- Any child under 10 years old **MUST** have a parent/ adult guardian in the water with them, but no more than two children are permitted per each adult in the water.
- Proper Swim Attire required