



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUR HEALTH INSURANCE CAN SAVE YOU MORE at the Y

Our Y works with several insurance companies/ programs that offer discounts or reimbursements to support you on your journey to be a healthier you. Each program is different and is specific in regards to who is covered.

See reverse side for program specifics.

Don't see your Insurance? Ask your employer if they offer health club/ gym membership benefits or reimbursements. If they are interested in learning more about YMCA Business Partnerships which offer their employees reduced rates and customized plans, contact Member Services Director, Donna Wells at docasio@ccaymca.org, (856) 691-0030 ext. 116.

Horizon



Horizon Blue Cross Blue Shield of New Jersey

The Cumberland Cape Atlantic YMCA is **NOT** currently a participating partner of the Silver Sneakers program.

We do offer a wide variety of group exercise and water exercise classes for active older adults, along with Pickleball, Personal Training, and more.

BravenSM
HEALTH

Our YCares Financial Assistance Scholarship Program is open for any individual or household who may have a fixed limited income.

Renew Active
by UnitedHealthcare



*Updated as of 11/1/2023. Insurance Partnerships are subject to change at any time.

Cumberland Cape Atlantic YMCA

1159 East Landis Avenue Vineland, NJ • (856) 691-0030 • www.ccaymca.org

Renew Active

by UnitedHealthcare

Renew Active®. The gold standard in Medicare fitness programs for body and mind. It includes: **A FREE gym membership.** Access to our nationwide network — the largest of all Medicare fitness programs, including the **Cumberland Cape Atlantic YMCA.** You also get an annual personalized fitness plan plus access to group classes. Thousands of digital on-demand workout videos and live streaming fitness classes. An online brain health program from AARP® Staying Sharp®. And more. **Renew Active is available at no additional cost, exclusively from UnitedHealthcare® Medicare Plans.**

To verify your eligibility and enroll in this program, please contact:
1.855.581.8091

You must provide your confirmation code to YMCA Member Services in order to activate program benefits.



BravenSM HEALTH

Braven Health offers its members an annual fitness benefit. You can use your Braven Health Smart Card to spend up to \$200 each calendar year (per covered adult) toward your facility membership at the Cumberland Cape Atlantic YMCA.



Your Smart Card cannot be used to pay for joiner fees or other health club fees associated with membership. You must activate your card before use.

With your full Braven Health Fitness Benefit you may choose from the following Prepaid Facility Membership options:

Individual Adult (26-64): 4 months (\$200 one time fee). You may extend your membership at our reduced monthly rate of \$45.

Individual Senior Adult (65+): 5 months (\$200 one time fee). You may extend your membership at our reduced monthly rate of \$41.

For more information about using this benefit, visit BravenSmartCard.com or call 1-800-688-9140 (TTY 711).

Horizon



Horizon Blue Cross Blue Shield of New Jersey

At our YMCA, Horizon Blue Cross Blue Shield of New Jersey Members:

- Pay \$0 Joiner Fee (save up to \$39)
- Save 15% off your monthly membership fees.
- May also be eligible for an additional monthly reimbursement if the HorizonbFit program is including in your plan.

HorizonbFit is a fitness reimbursement program offered to Horizon Blue Cross Blue Shield members 18 years or older in select groups. HorizonbFit is not available to all Horizon groups and members, please call the number on your insurance card to verify your plan eligibility. For more information or eligibility, visit www.horizonbfit.com

Eligible Members who enroll in HorizonbFit and visit our YMCA at least 12 days a month receive a reimbursement of \$20 a month - or up to \$240 a year- per covered adult (18+)

