Kids ages 6–18 will learn the fundamentals of track though speed, agility and footwork drills. We have team of youth sport staff members who are very engaging and have fun leading the program. The program surely increases cognitive skills, as well as social skills.

**Registration Information**
Ages 6–18  Saturdays 9:30 – 10:15 am
Facility/Program Members: $12.00
Location: Grassy Area Outside of Y

**COVID19 Guidelines for Youth Sports, per State of NJ/CDC:**
- Please bring your own water, chair, towel, etc.
- Facial coverings must be worn by parents; participants will be asked to wear facial covering while NOT directly participating in the program. Temperature checks will take place each day.
- Parents will be asked to social distance while watching practice; participants will be spaced out during practice.
- We are limiting the amount of parent/guest to two per family; more than one child in the household is still two parent/guest only.
- If you or someone in your household has been sick, or showing signs of sickness, we ask you to please stay home.