



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MVP SPECIAL NEEDS MAY ACTIVITIES!

These programs are open specifically for children ages 3-18 with special needs.

Sensory Activities Day!

Saturday, May 14th, 9:30 am - 10:15 am

Facility and Program Member Fee: \$10

These activities will all revolve around sensory play! Building kids sensory skills according to research, Sensory play works to build skills on several levels. Sight play encourages children to explore colors and experiment with light. Touch play helps children learn to experience the world using their hands. Taste play helps bring new sensations into their world and helps associate food with fun. Smell and hearing play activities let children take in stimuli from various sources, so they learn to process it more efficiently. Kids will be introduced to different activities in a fun and engaging way.

Physical Fitness day!

Saturday, May 21st, 9:30am - 10:15 am

Facility and Program Member Fee: \$10

Children will learn the fundamentals of physical fitness by incorporating a variety of different exercise that will lead to better overall quality of life! Kids will benefit from teachings from one of our certified personal trainers, Tessa.

Register today with Member Services



Cumberland Cape Atlantic YMCA

1159 E. Landis Ave | (856) 691-0030 | www.ccaymca.org