

Milam Family Multi-Purpose Center Schedule - Spring 2025

April 7th-June 1st*

Subject to change without notice - Please check Y360 for changes and updates; *PLEASE NOTE: 8 week schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5AM							
530AM	Open Gym/	Open Gym/	Open Gym/	Open Gym/	Open Gym/		
6AM	Walking Track	Walking Track	Walking Track	Walking Track	Walking Track		
630AM	5:00am-7:30am	5:00am-7:30am	5:00am-7:30am	5:00am-7:30am	5:00am-7:30am	Open Gym	
7AM						6:00am-	
730AM	Walking Track	Walking Track	Walking Track	Walking Track	Walking Track	8:45am	
8AM	7:30-8:45 am	7:30-8:15 am	7:30-8:15 am	7:30-8:15am	7:30-8:45 am		
830AM		Group EX	Group EX	Group EX			Open Gym
9AM	Group EX	815-930am	815-10:00am	815-930am	Group Ex		830am-930am
930AM	9:00-10:00am	Walking Track		Walking Track	845-10am		
10AM						JR NBA	Full Court
1030AM	*Youth	*Youth	*Youth	*Youth	*Youth	GAMES	Basketball
11AM	Development	Development	Development	Development	Development	8:45-1:45pm	930am-12pm
1130AM	10:00am-11:30pm	10:00am-11:30pm	10:00am-11:30pm	10:00am-11:30pm	10:00am-11:30pm		
12PM		Walking Track			Walking Track		
1230PM 1PM	Open	Pickleball 1215-215pm	Open	Open	Pickleball 1215-215pm		Open Gym
130PM	Gym	**clinics see below	Gym	Gym	**clinics see below		12:15-4:45pm
2PM	11:45-2:45pm	Pickleball (Beginner)	11:45-245pm	11:45-3:45pm	Pickleball (Beginner)	Open 1:45-215pm	12113 1110
230PM		215-3pm			215-3pm	Pickleball	
ЗРМ	Pickleball	Open Gym	Pickleball	Pickleball		Adv. 230-345pm	
330PM	Advanced Play	315-4pm	Advanced Play	Advanced Play	Full Court	Beginner Play	
4PM	3:00-4:00pm	*Youth Dev.	3:00-4:30pm	3:00-4:30pm	Basketball	345-430pm	
430PM	Beginner Play	4:00-5:30pm	Beginner Play	Beginner Play	3:00-4:30pm	Open Gym	
5PM	4:00-5:00pm		430-530pm	430-530pm	Youth	4:45-545pm	YMCA Closes
530PM	Youth	JR NBA	JR NBA	Family	Basketball		at 5pm
6РМ	Soccer	Practice	Practice	Open	4:45-7pm	YMCA Closes	
630PM	5:15-8:00pm	5:45-7:45pm	5:45-7:45pm	Gym		at 6pm	
7PM				5:45-7:45pm	Family		
730PM					Open Gym		
8PM	Family Open Gym	Family Open Gym	Family Open Gym		715-830pm		
830pm	8:15-9pm	8:00-845pm	8:00-845pm	Full Court	Full Court		
900pm	FC Basketball	FC Basketball	FC Basketball	Basketball	Basketball		
930pm	9-945pm	845-945pm	845-945pm	845-945pm	845-945pm		
10PM			YMCA Closes at 10pm	1			

Open Gym – Is open to all members. Please be respectful and caring of others who wish to share the space. NO Full Court Games. Please note the curtain will be dropped during open gym to split the Milam Family MPC.

Full Court Basketball - Is open to all members for full court recreational games.

Walking Track Only - During this time, members may use the Milam walking track. NO basketball permitted at this time.

Youth Development – This time slots reserved for our YMCA childcare programs. Only registered participants and staff are permitted in the room, unless otherwise specified.

Pickleball Open Play – All members ages 10+ are welcome to come in and play some pickup games! No registration required except for clinics. Pickleball only during this time. **Clinics on 4/8, 4/11, 4/15, 4/25 (Join TeamReach to know when members are playing!)

Family Open Gym - During this time the curtain will be dropped and will allow families with parents and children under 12 to use the MPC. If no families are using the space others may use the MPC as open gym. However, if a familiy comes in other members must move to other side or leave MPC no exceptions.

YMCA will be closed on Friday, 4/18; Sunday, 4/20; & Monday 5/26

×	Closed to Members	REV 4/3	Please note the 15 minute difference between time slots to allow set up/clean up.
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