



Milam Family Multi-Purpose Center Schedule - Spring 2025

March 24-April 6*

Subject to change without notice - Please check Y360 for changes and updates; *PLEASE NOTE: 2 week schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5AM							
530AM	Open Gym/ Walking Track 5:00am-7:30am	Open Gym/ Walking Track 5:00am-7:30am	Open Gym/ Walking Track 5:00am-7:30am	Open Gym/ Walking Track 5:00am-7:30am	Open Gym/ Walking Track 5:00am-7:30am	Open Gym 6:00am-8:45am	
6AM							
630AM							
7AM							
730AM	Walking Track	Walking Track	Walking Track	Walking Track	Walking Track	Full Court Basketball 845-1245pm	Full Court Basketball 930am-12pm
8AM	7:30-8:15 am	7:30-8:15 am	7:30-8:15 am	7:30-8:15am	7:30-8:45 am		
830AM	Group EX 8:15-10:00am	Group EX 815-930am	Group EX 815-10:00am	Group EX 815-930am	Group Ex 845-10am		
9AM							
930AM	Walking Track			Walking Track		Open Gym 830am-930am	
10AM	*Youth Development 10:00am-11:30pm	*Youth Development 10:00am-11:30pm	*Youth Development 10:00am-11:30pm	*Youth Development 10:00am-11:30pm	*Youth Development 10:00am-11:30pm		
1030AM							
11AM							
1130AM							
12PM	Open Gym 11:45-2:45pm	Walking Track	Open Gym 11:45-245pm	Open Gym 11:45-3:45pm	Walking Track	Family Open Gym 1:00-215pm	Open Gym 12:15-4:45pm
1230PM		Pickleball 1215-215pm					
1PM		**clinics see below					
130PM		Pickleball (Beginner) 215-3pm					
2PM							
230PM							
3PM	Pickleball	Open Gym	Pickleball	Pickleball	Full Court Basketball 3:00-6:00pm	Adv. 230-345pm Beginner Play 345-430pm Open Gym 4:45-545pm	YMCA Closes at 5pm
330PM	Advanced Play	315-4pm	Advanced Play	Advanced Play			
4PM	3:00-4:00pm	*Youth Dev.	3:00-4:30pm	3:00-4:30pm			
430PM	Beginner Play	4:00-5:00pm	Beginner Play	Beginner Play			
5PM	4:00-5:00pm		430-515pm	430-515pm	Family Open Gym 6:15-7:15pm	YMCA Closes at 6pm	
530PM	Pickleball	Basketball	Pickleball	Basketball			
6PM	Clinic	Clinics	Clinic	Clinics			
630PM	5:15-7:15pm	5:30-7:45pm	5:15-7:15pm	5:30-7:45pm			
7PM					Family Open Gym 730-830pm		
730PM	Family Open Gym		Family Open Gym				
8PM	7:30-830pm	Family Open Gym	730-830pm	Family Open Gym			
830pm	Full Court	8:00-830pm	Full Court	8:00-830pm			
900pm	Basketball	FC Basketball	Basketball	FC Basketball	Basketball 845-945pm		
930pm	845-945pm	845-945pm	845-945pm	845-945pm			
10PM	YMCA Closes at 10pm						

Open Gym – Is open to all members. Please be respectful and caring of others who wish to share the space. NO Full Court Games. Please note the curtain will be dropped during open gym to split the Milam Family MPC.

Full Court Basketball - Is open to all members for full court recreational games.

Walking Track Only – During this time, members may use the Milam walking track. NO basketball permitted at this time.

Youth Development- This time slots reserved for our YMCA childcare programs. Only registered participants and staff are permitted in the room, unless otherwise specified.

Pickleball Open Play – All members ages 10+ are welcome to come in and play some pickup games! No registration required except for clinics. Pickleball only during this time. ****Clinics on 3/24, 3/25, 3/26, 3/28, 3/31, 4/2**

Family Open Gym - During this time the curtain will be dropped and will allow families with parents and children under 12 to use the MPC. If no families are using the space others may use the MPC as open gym. **However, if a family comes in other members must move to other side or leave MPC no exceptions.**

*Closed to Members

REV 3/20

Please note the 15 minute difference between time slots to allow set up/clean up.