



Milam Family Multi-Purpose Center Schedule - Fall 2025

November 3-November 30 - REVISED

Subject to change without notice - Please check Y360 or our website for changes and updates

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
5AM	Open Gym/ Walking Track 5:00am-7:45am	Open Gym/ Walking Track 5:00am-7:45am	Open Gym/ Walking Track 5:00am-7:45am	Open Gym/ Walking Track 5:00am-7:45am	Open Gym/ Walking Track 5:00am-7:45am	Full Court Basetball 6:00am-8:30am				
530AM										
6AM										
630AM										
7AM										
730AM										
8AM	Group Ex Class 8am-9:15am	Group Ex Class 8am-9:15am	Group Ex Class 8am-9:15am	Group Ex Class 8am-9:15am	Group Ex Class 8am-9:15am	Open Gym 8:45am-2:15pm	Open Gym 830am-930am			
830AM										
9AM										
930AM	Walking Track 930am-1030am	Walking Track 930am-1030am	Walking Track 930am-1030am	Walking Track 930am-1030am	Walking Track 930am-1030am		Full Court Basketball 930am-12pm			
10AM										
1030AM	Youth Development 10:30-11:30am	Youth Development 10:30-11:30am	Youth Development 10:30-11:30am	Youth Development 10:30-11:30am	Youth Development 10:30-11:30am					
11AM										
1130AM	OPEN GYM 11:30am-4:45pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-4:45pm	OPEN GYM 11:30am-2:45pm	OPEN GYM 11:30am-3:45pm		Open Gym 12:15-4:45pm			
12PM										
1230PM										
1PM										
130PM										
2PM										
230PM										
3PM										
330PM										
4PM										
430PM										
5PM		Full Court Basketball 3:00-5:30pm	Pickleball Beginner and Intermediate Play 3:00-5:00pm	Pickleball Advanced Play 3:00-4:30pm Beginner Play 430-6pm	Full Court Basketball 4:00-7pm	Open Gym 4:45-545pm	YMCA Closes at 5pm			
530PM	Private Rental 5:00-7:00pm *Closed to Members							Family Open Gym 5:30-8:30pm	Private Rental 5:00-7:00pm *Closed to Members	Family Open Gym 615pm-8:30pm
6PM										
630PM										
7PM	*Closed to Members	Family Open Gym 7:30-8:30pm	Family Open Gym 7:30-8:30pm	Family Open Gym 715-830pm	Full Court Basketball 845-945pm					
730PM										
8PM										
830pm										
900pm	Basketball	Basketball	Basketball	8:45-9:45pm	Basketball					
930pm	8:45-9:45pm	845-945pm	8:45-9:45pm		845-945pm					
10PM	YMCA Closes at 10pm									
Open Gym (OG) – Is open to all members. Please be respectful and caring of others who wish to share the space. NO Full Court Games. Please note the curtain will be dropped during open gym to split the Milam Family MPC.										
Full Court Basketball (FC) - Is open to all members for full court recreational games.										
Walking Track Only (WT) – During this time, members may use the Milam walking track. NO basketball permitted at this time.										
Youth Development (YD)– This time slots reserved for our YMCA childcare programs. Only registered participants and staff are permitted in the room, unless otherwise specified.										
Pickleball Open Play (PO) – All members ages 10+ are welcome to come in and play some pickup games! No registration required to play, but should know basic rules. Pickleball only during this time. (Join TeamReach to know when members are playing!)										
Family Open Gym (FO) - During this time the curtain will be dropped and will allow families with parents and children under 12 to use the MPC. If no families are using the space others may use the MPC as open gym. However, if a familiy comes in other members must move to other side or leave MPC no exceptions.										
*Closed to Members		REV 11/13	Please note the 15 minute difference between time slots to allow set up/clean up.							