

PROGRAM MEMBERSHIPS at the Y



CHILD CARE

Before and After Care
Holiday Care
Summer Camp

YOUTH SPORTS

Basketball,
Soccer, Track, Tee Ball, Flag Football, Youth Dance

AQUATICS

Swim Lessons
Senior Swim
Lifeguard Training
Water Exercise Classes

Group Exercise Classes

Zumba, Kickboxing, Y Muscle Max, StrongNation, & more!

If you or your family are only interested in registering for select YMCA programs (without having access to the general facility and fitness centers), a **PROGRAM MEMBERSHIP** is a good alternative and is the minimum membership requirement for registration.

Program Membership Rates

One time annual fee due at the time of registration.
No additional joining fees.

Youth/Teen	\$30
Adult	\$40
Family	\$55



Want Full Access, Reduced Rates, And Added Facility Benefits?
ASK ABOUT OUR FACILITY MEMBERSHIPS.

CUMBERLAND CAPE ATLANTIC YMCA

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Visit our website for more information and schedules www.ccaymca.org