

Renew Active

by  UnitedHealthcare®



Stay fit. Stay focused. Stay you.

Renew Active™. The gold standard in Medicare fitness programs for body and mind. For those who's plan includes this benefit you will receive a free gym membership to participating locations. Thousands of workout videos with Fitbit® Premium. An online brain health program from AARP® Staying Sharp®, and more.

Renew Active is available at no additional cost, exclusively from UnitedHealthcare® Medicare Plans.

To verify your eligibility and enroll in this program, please contact:

1-855-581-8091



**Always Here for
Our Community**

**The Cumberland
Cape Atlantic YMCA
is excited to be a
participating center for
Renew Active™. This
partnership will allow
more United Healthcare
and Medicare recipients
an opportunity to stay
active and enjoy all of
our member benefits,
facility amenities,
and programs.**

