

Y Swim Lessons - Fall 1 Session

September 9—October 7, 2020; no classes Mon, 9/7

Swim lessons are back!



The Y's commitment to everyone's safety:

- Our Y follows all COVID19 Guidelines from the State of NJ Department of Health, YMCA of the USA, and CDC guidelines for everyone's safety.
- Every 2 hours our housekeeping staff are cleaning high touch areas— door handles, etc.

We have COVID -19 safety protocols in place. Here are the steps for coming back:

- Sign the new "COVID-19 RELEASE AND WAIVER OF CLAIMS ADDENDUM" form; must be signed by the parent/legal guardian before swimming time.
- Make sure your Y membership is active and paid up.

Registration:

- You may register in person or online for group lessons—www.ccaymca.org—Member Login: make sure you have an email on your Y account. If this doesn't work contact member service and register over the phone.
- Private, Semi Private and Family Swim lessons are available at limited time frames.

Classes:

- See Other flyer –"YMCA Swim Lesson Fall 1 Session- September 8 – October 7, 2020"

What to bring to the Y?

- Please come to the Y dressed to swim in your bathing suit; wear a cover up
- Bring clean deck sandals/flip flops (not worn outside) to wear on the pool deck/in the locker room and shower (no bare feet except on the pool deck);
- Face mask for parent and child, towels, water bottle (no water fountains at this time)

Pool/class procedures:

- Facility entry—please allow sufficient time -15 minutes to swipe in and have your temperature checked and answer the Wellness Questions; a parent/guardian must sign the Waiver too (attached)
- Swimmers may not be on the pool deck more than 5 minutes prior to the class start time
- Instructor will teach on deck or in the water – 6 feet away., wearing a face mask except to demonstrate skills
- Group lessons – student/parents will social distance from others participants in the pool.
- A **Face mask is required to enter the Y** and is only removed to shower before swimming and while youth are in the water; must be worn when exit the pool to leave the deck and facility.
- **Please enter through the Locker rooms and follow directional signs/arrows to the pool.** Locker rooms available only for all swimmers to use the bathroom and shower before swimming only;
- **Soap showers are required at the Y before swimming for everyone's safety per NJ State Bathing Policy and the CDC recommendation.**
- NJ state **requires shoes worn in the locker rooms**, no bare feet. Covers available.
- **Wear your mask to the pool deck and bring all personal belongings** with you; do not leave your items in a locker at this time.
- **Wait at the pool doors—a staff will come to direct you where to place your belongings and sit for class.**
- Only 1 adult per family in the water for group lessons.
- **Youth Swimmers only permitted on the pool deck after Day 1 at this time; parents should wait outside the YMCA facility, unless in a Parent/Child class.**
- **After swimming the boys/girls locker rooms are not available due to Health department guidelines. On the Main floor the Family changing rooms are available for changing.**

If you have any questions, please reach out to Aquatics—aquatics@ccaymca.org or call 856-691-0030 ext. 112



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