The Y’s commitment to everyone’s safety:
- Our Y follows all COVID-19 Guidelines from the State of NJ Department of Health, YMCA of the USA, and CDC guidelines for everyone’s safety.
- Every 2 hours our housekeeping staff are cleaning high touch areas – door handles, etc.

We have COVID-19 safety protocols in place. Here are the steps for coming back:
- Sign the new “COVID-19 RELEASE AND WAIVER OF CLAIMS ADDENDUM” form; must be signed by the parent/legal guardian before swimming time.
- Make sure your Y membership is active and paid up.

Registration:
- You may register in person or online for group lessons—www.ccaymca.org—Member Login: make sure you have an email on your Y account. If this doesn’t work contact member service and register over the phone.
- Private, Semi Private and Family Swim lessons are available at limited time frames.

Classes:
- See Other flyer – “YMCA Swim Lesson Fall 2 Session—October 12 – November 14, 2020”

What to bring to the Y?
- Please come to the Y dressed to swim in your bathing suit; wear a cover up
- Bring clean deck sandals/flip flops (not worn outside) to wear on the pool deck/in the locker room and shower (no bare feet except on the pool deck);
- Face mask for parent and child, towels, water bottle (no water fountains at this time)

Pool/class procedures:
- Facility entry—please allow sufficient time – 15 minutes to swipe in and have your temperature checked and answer the Wellness Questions; a parent/guardian must sign the Waiver too (attached)
- Swimmers may not be on the pool deck more than 5 minutes prior to the class start time
- Instructor will teach on deck or in the water – 6 feet away, wearing a face mask except to demonstrate skills
- Group lessons – student/parents will social distance from others participants in the pool.
- A Face mask is required to enter the Y and is only removed to shower before swimming and while youth are in the water; must be worn when exit the pool to leave the deck and facility. Since gators and masks with vents are not recommended face coverings by the CDC, they are not permitted to be worn at the YMCA facility
- Please enter through the Locker rooms and follow directional signs/arrows to the pool. Locker rooms available only for all swimmers to use the bathroom and shower before swimming only;
- Soap showers are required at the Y before swimming for everyone’s safety per NJ State Bathing Policy and the CDC recommendation.
- NJ state requires shoes worn in the locker rooms, no bare feet. Covers available.
- Wear your mask to the pool deck and bring all personal belongings with you; do not leave your items in a locker at this time.
- Wait at the pool doors—a staff will come to direct you where to place your belongings and sit for class.
- Only 1 adult per family in the water for group lessons.
- Youth Swimmers only permitted on the pool deck after Day 1 at this time; parents should wait outside the YMCA facility, unless in a Parent/Child class.
- After swimming the boys/girls locker rooms are not available due to Health department guidelines. On the Main floor the Family changing rooms are available for changing.

If you have any questions, please reach out to Aquatics—aquatics@ccaymca.org or call 856-691-0030 ext. 112

Cumberland Cape Atlantic YMCA, 1159 E. Landis Ave, Vineland, NJ 08360 — www.ccaymca.org