



WELCOMING WEEK SEPTEMBER 13-22



BELONGING BEGINS WITH US



For a better us.®

LATIN NIGHT @ the Y

Friday 9/13 6:30pm-8pm

Celebrate Hispanic Heritage Month early & **DANCE WITH US!** Bring a Friend and enjoy a

SALSA and BACHATA Dance Lesson

Refreshments and a DANCE PARTY!

Members FREE Non Members \$15

Join us!



International Bread TASTING & TRIVIA

Monday 9/16 12pm-1pm

Test your knowledge and your taste buds as we explore around the world and break bread with one another.

\$10 per member (Advance Registration Required)



Our Leadership Team Welcomes YOU!

1. Using the Bingo Card (see Reverse side)
2. See the Welcoming Week Display (Main floor hall)
3. Get to know us by filling out each box. Once complete, submit your card to Member Services.

Random Drawing September 23rd

You Could Win a PRIZE!

**Tuesday
Sept 17th
11am-1pm**

**COMPLIMENTARY
HEALTH
SCREENINGS**

Blood Pressure &
Glucose Checks
OPEN TO THE PUBLIC
SE HABLA ESPAÑOL



Cumberland Cape Atlantic YMCA

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OUR YMCA LEADERSHIP TEAM WELCOMES YOU!

Welcoming Week Activity Card – Play to Win!

Member Name: _____ Member ID: _____

Welcome to our YMCA, where we are much more than a gym we are family. We welcome you to get to know our leadership team and have a little fun while .

To get your answers, visit our Welcoming Wall in the main hallway, or better yet, say hello any time you are in the building! Please note there may be more than one correct answer per box, but only "Good Bingo's" will be considered for the RANDOM DRAWING.

Once you complete the card, turn it in to Member Services. Submission must be turned in by 9/23/24. Winner will be notified

Studied at Tabor Academy Name:	Favorite Holiday is Thanksgiving Name:	Favorite Food is Sushi Name:	Favorite Football Team is the Dallas Cowboys Name:	Favorite Vacation Destination is Belize Name:
Favorite TV Show is any Real Housewives Name:	Favorite Food is Lasagna Name:	Favorite Baseball Team is the Atlanta Braves Name:	Was born in Winchester, VA Name:	Went to Rider University Name:
Favorite TV Show is Seinfeld Name:	Who would compete in Basketball in the Olympics if they could Name:	Favorite Holiday is Halloween Name:	Who went to Superbowl LII Name:	Who was once a certified Firefighter Name:
Favorite vacation destination is Lucerne, Switzerland Name:	Who has recorded a Gospel CD Name:	Who is afraid of Planes? Name:	Was born in Mexico Name:	Favorite Sport is UFC Name:
Has 2 Masters Degrees Name:	Is a published Model Name:	Has a Chihuahua named Fiona Name:	Went Ziplining over alligators in Florida Name:	Has 7 cats Name: