



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUR GIFT IS GOING FAR

## 2021 COMMUNITY IMPACT

Our YMCA's work through 2021 and the challenging time of the pandemic.



**239** CHILDREN  
are attending our  
safe Summer Camp  
ACROSS 3 LOCATIONS

**4,956**  
BREAKFASTS  
served to children  
in our Summer  
Camp Program

**4,952**  
LUNCHES  
served to children  
in our Summer  
Camp Program



**104**  
CHILDREN  
participated in  
Youth Sports

**4,341**  
MEMBERS  
attending in person  
and virtual group  
exercise classes



**1,201**  
ACTIVE  
OLDER ADULTS  
attended classes  
since Jan

OVER

# 86

## PARTICIPANTS

WITH 19 DIFFERENT FORMS OF CANCER, have regained their strength and health through our free LiveStrong cancer survivor program



# 114

## PRE-DIABETIC ADULTS

have participated in weekly lifestyle coaching classes through our free Diabetes Prevention Program



CONTINUED



# 287

## SWIM LESSONS participants

# 188

## SWIM TEAM participants



# 574 BOXES

of non-perishable food distributed through the community



# 75 FAMILIES

participated in free, drive-thru HEALTHY KIDS DAY EVENT

# 479

## BOOK BAGS

packed with school supplies distributed to students in grades K-12



# \$5,206

## GIVEN

in Y Cares Financial Assistance in 2021



[www.ccaymca.org/give](http://www.ccaymca.org/give)

Cumberland Cape Atlantic YMCA

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