



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# NOTHING BUT NET

## YMCA Youth Indoor Co-ed Basketball SESSION RUNS FROM OCTOBER 30 – DECEMBER 17

Fall is here and that means we've got basketball on the brain! Join us for our last youth sports session of 2023 with indoor basketball. This Y youth sports program focuses on developing basic skills that can be used for a variety of different sports.



### Grade Levels:

Pre-K – Kindergarten  
1st – 3rd grade  
4th – 6th grade

### Registration Dates:

**Facility Members:**  
Monday, October 9

**Program Members:**  
Monday, October 16

Register by October 2  
for guaranteed placement



**Please note:** Parents will be contacted via email with practice information the week prior to the start of the session.

### Practice Day/Time:

Tuesdays or Thursdays, after 5pm  
(Day/time will be determined by team placement)

### Game Day/Time:

Saturdays (beginning November 18)  
Game schedules will be handed out week 2.  
All games will take place in our Milam Family Multipurpose Center.

### Fees:

Facility Members: \$64.00  
Program Members: \$79.00  
(7 week session due to the holidays)

### PARENTS MEETING:

Monday, October 16  
at 6:15 p.m. at the YMCA

### INCLUDED WITH YOUR Y FACILITY MEMBERSHIP:



For Basketball Instructional Videos with Experienced Coaches, visit [ymca360.org](http://ymca360.org) or scan the Code.

**SEE MEMBER SERVICES TO REGISTER!**

**Cumberland Cape Atlantic YMCA**

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