**ONE-TIME PAYMENT** (any amount helps!)

By credit card (see reverse side of this pledge card) By check (CCA YMCA)

**ONLINE by visiting** 

ccaymca.org

for any amount you wish!

OR SCANNING THIS OR CODE

**MONTHLY OR QUARTERLY PAYMENTS:** Set-up a monthly draft from a credit card or checking account



# GIVING = IMPACT



\$250 DONATION

provides a teen with a

to the Y; providing a

safe space for them to socialize and be healthy.

six-month membership

\$50 DONATION provides Safety Around Water lessons for at-risk youth in our area.



# \$500 DONATION

provides support to all our chronic disease programs to continue to offer at no cost. This includes Livestrong, DPP, and BPSM programs.



### \$1000 DONATION

allows our Y to expand our program offerings to support those in our community through our three areas of focus: youth development, healthy living, and social responsibility.

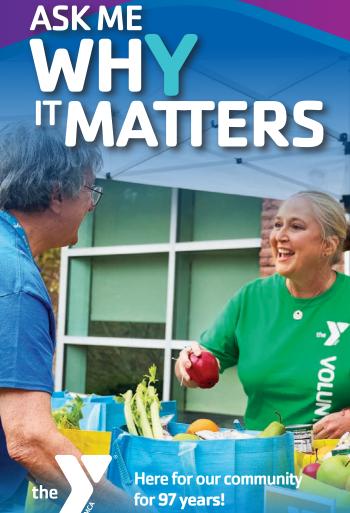


### **Cumberland Cape Atlantic YMCA**

1159 East Landis Ave. | Vineland, NJ 08360 (856) 691-0030 ccaymca.org







**Cumberland Cape Atlantic YMCA** 

## OUR CAUSE

### YOUTH DEVELOPMENT

At the YMCA, we're committed to ensuring every child has an opportunity to pursue their best future through programs that inspire them to reach their full potential socially, academically, emotionally, and physically.

Our Y offers Childcare services (Before & Afterschool/ Summer Camp) and Youth programs at 15 locations throughout our service areas in Atlantic, Cape May and Cumberland County. Each year, we offer financial assistance through our Annual Giving Campaign to those who need support for these crucial services.

#### **HEALTHY LIVING**

The YMCA knows that by identifying and removing barriers, we can offer spaces, facilities, and programs that are open and accessible in order to create opportunities for healthy living.

Through the generosity of our donors, we are able to offer vital community programs at no cost like the Y's Diabetes Prevention program, LIVESTRONG® at the YMCA, our cancer survivorship program, Safety Around Water for youth and many programs specifically for our Active Older Adults.



#### **SOCIAL RESPONSIBILITY**

The YMCA responds to society's most pressing needs by developing innovative, community-based solutions like free community events offering access to local resources and our Bless It Forward holiday donation drive, assisting hundreds of individuals during the holiday season and food assistance to those in need.

In 2023, our Bless It Forward initiative supported over 450 individuals from our community with gifts, food, household items and clothing during the holiday season. In 2024, the initiative will expand into other areas to support our community year-round.



Scan the QR code to learn more about the impact the Y has in your community.

### YOUR IMPACT

#### Y CARES FINANCIAL ASSISTANCE

Our way to provide support to those who cannot otherwise afford a membership, or those who are in need of financial support for programs within our Y, such as summer camp, youth sports, day camp, and personal training.

From an Active Older Adult Y Cares recipient:

It is a blessing for me to attend my classes at the Y. It can sometimes be a little tight financially, but I survive because I know it is for my personal well-being. Just asking for the help in order to be able to maintain my attendance is helping a lot for my physical well-being.



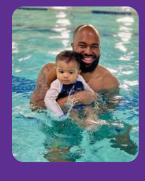
## HEALTHY LIVING FOR ALL

Our Y continues to focus on all aspects of healthy living. From chronic disease initiatives offered at no cost, such as the Livestrong at the Y and Blood Pressure Self-Monitoring programs, to

Active Older Adult specific exercise classes, to mental health and social engagement events, we look at the individual as a whole to improve their overall health and wellness.

#### Y SIGNATURE PROGRAMS

We strive to offer impactful programs for all ages and abilities. Thanks to our Annual Giving donors, we can continue to run programs and signature initiatives such as Safety Around Water, Active Older Adult events, MVP (youth with special needs program), and Bless It Forward. Each year we are able to expand the reach



of these programs, along with our free community events, to focus on giving back and supporting our communities.

| FIRST NAME                                  | LAST NAME                        |  |
|---|----------------------------------|--|
| ADDRESS                                     | CITY                             | STATE ZIP  |
| BUSINESS NAME (IF APPLICABLE)               | CONTACT PHONE                    |  |
| CONTACT EMAIL                               |                                  |  |
| IF DONATING BY CREDIT CARD, PLEASE FILL OUT | L OUT THE FOLLOWING INFORMATION: |  |
| CARDHOLDER FIRST NAME                       | LAST NAME                        |  |
| CARD TYPE: UVisa UMastercard UAMEX          | AMEX   OTHER                     | TOTAL DONATION AMOUNT: \$  |
|   |                                  | ☐ One-time Donation ☐ Monthly ☐ Quarterly  |
| CARD NUMBER                                 | EXP. DATE CVV#                   | If quarterly or monthly, please list the amount you would like drafted per quarter or month \$ |
| BILLING ADDRESS                             |                                  | If donating by check, make check payable to CCA YMCA   |