



Monday - Friday  
4:00-7:00pm  
Saturday - Sunday  
9:00am-2:00pm



# YOUTH & TEEN TIMES

**YOUTH & TEEN TIMES** are designated times the YMCA sets for youth members ages 11 - 15 to have access to the facility.



## YOUTH & TEEN TIMES ACCESS INCLUDES:

- » Family Free-Weight Room
- » Scarpa Family Fitness Center
- » Family Health & Adventure Center

## IMPORTANT REMINDERS:

- » All youth ages 11-12 must have a parent on YMCA premises during their visit.
- » Must have a valid membership and check-in to access facilities.
- » A YMCA Healthy Living Orientation\* session is required to come in without a parent during Youth & Teen Times. Orientations are FREE and can be scheduled at the Member Services Desk!

\*Minors must have a parent present during their Healthy Living Orientation.

## YOUTH & TEEN PERSONAL TRAINING

First-Timer Intro Special:  
Get 3 One-on-One Sessions for **\$99**

VISIT MEMBER  
SERVICES FOR DETAILS



SCAN QR CODE  
FOR MORE  
INFORMATION

