



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DOWNLOAD OUR NEW, UPGRADED MOBILE APP!

This is not your regular Y app...

You can now join challenges, find workouts, look up classes, earn rewards, and so much more!

It's simple to start using! As a YMCA Facility Member, you have access to the App at no cost. Download and join in three easy steps!

1. Search "YMCA of Vineland" in your App Store (available in Apple and Android) and download, or scan this code for direct links:

2. Once downloaded, use the login button to begin. Use the email associated with your Y account (you can contact Member Services if you are unsure), and set your password.

3. Login, you're all set!

We recommend adjusting your settings to your preferences and completing your profile to customize your experience.



See what the App has to offer you!

- Full database of exercises with pictures and explanations
- Connect your Y scan card
- Link your fitness tracker to log your workouts and earn points! Points can be redeemed for Y rewards
- Participate in challenges throughout the year – you could win some great prizes!
- BioAge analysis
- Stay up-to-date with everything happening at the Y!

**THE APP
IS EASY TO USE
AND WE CAN'T
WAIT FOR YOU
TO GET
STARTED!**

See a Member Services or Fitness Attendant for assistance, if needed.

Cumberland Cape Atlantic YMCA

1159 E. Landis Ave., Vineland, NJ 08360 • (856) 691-0030 • www.ccaymca.org