



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SAVE BIG ALL JULY

PAY ONLY \$4 JOINER FEE*
ON ALL MEMBERSHIPS

SAVE
UP TO
\$35



YOUR MEMBERSHIP MEANS MORE AT THE Y!

When you join, you receive access to all of this and more:

- » Unlimited access to our free-weight room, family fitness center, and Health and Adventure Center (open to youth 8+).
- » Unlimited FREE Land & Water Group Exercise Classes
- » Access to our indoor six-lane heated pool (open 7 days a week).
- » Access to our Adult locker rooms complete with Whirlpool and Steam Room.
- » Access to our Indoor Basketball & Pickleball Court.
- » Access to our "Let's Play" Outdoor Fun Zone and family activities – perfect for families to enjoy outside time!
- » Access the Y Anywhere, Anytime with our YMCA360 app – with 24/7 online access to fitness classes, kids activities, cooking classes & more!.



60+ CLASSES

to choose from
for all levels –
all included in
your membership!



SAVE UP TO 15% OFF

**your membership with
our Referral Program!**

Join with a Friend, Refer a Friend, or be referred by a current Y member and you'll both receive our Member Referral Rate.



Interested in joining
the Y but facing
financial challenges?

Ask Member Services about our YCares Program. We can help you and your family develop healthy habits, stay active, and enjoy YMCA programs such as swim lessons, youth sports, and summer camp.

*Additional monthly membership rate based on membership type. You could qualify for our reduced rate. See Member services for more information.

Visit Member Services for more information.

Cumberland Cape Atlantic YMCA

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