



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DOWNLOAD OUR NEW, UPGRADED MOBILE APP!

This is not your regular Y app...

You can now join challenges, find workouts, look up classes, earn rewards, and so much more!

It's simple to start using! As a YMCA Facility Member, you have access to the App at no cost. Download and join in three easy steps!

- 1.** Search "YMCA of Vineland" in your App Store (available in Apple and Android) and download
- 2.** Once downloaded, use the login button to begin. Use the email associated with your Y account (you can contact Member Services if you are unsure), and set your password.
- 3.** Login, you're all set!

We recommend adjusting your settings to your preferences and completing your profile to customize your experience.



See what the App has to offer you!

- Full database of exercises with pictures and explanations
- Connect your Y scan card
- Link your fitness tracker to log your workouts and earn points! Points can be redeemed for Y rewards
- Participate in challenges throughout the year – you could win some great prizes!
- BioAge analysis
- Stay up-to-date with everything happening at the Y!

The App is easy to use and we can't wait for you to get started!

See a Member Services or Fitness Attendant for assistance, if needed.

Cumberland Cape Atlantic YMCA

1159 E. Landis Ave., Vineland, NJ 08360 • (856) 691-0030 • www.ccaymca.org