



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KICK INTO STRENGTH! YOUTH KICKBOXING CLASS

In this introductory Youth Kickboxing class, children will learn the fundamentals of kickboxing. Led by one of our Team members, Jose, kids will have fun all while learning discipline and a new skill! Participants should bring a pair of gloves to use during class. Gloves will be available for purchase at the Member Service Desk.

JAN. 14 – FEB. 25

AGES: 8-11

**MEETS: Saturday mornings
10:15am-11:00am***

*parents must remain in the room at all times

FEES:

FACILITY MEMBERS – \$44

PROGRAM MEMBERS – \$64



**Our instructor Jose is currently
a green belt with six years of
experience!**

**See Member Services Desk
to Register Today!**

Cumberland Cape Atlantic YMCA

1159 E. Landis Ave., Vineland, NJ 08360 • (856) 691-0030 • www.ccaymca.org