

Aquatics Pool Use – Lane Reservation Info/Updates

Winter 1 2021—January 11



Our Y follows all COVID19 Guidelines from the State of NJ Department of Health—Indoor Pool Standards and CDC for everyone's safety.

Lane-swim, walk, or water exercise Reservation Guidelines:

- Lane Swim/Exercise is currently only available to Facility Members ages 16+ (13 -15—at designated times). Only 1 person per lane. **We offer reservations for 30 - 60 minutes.**
- Lane use reservations are required before the lane time slot; **walk-ins may check in at the Welcome desk and inquire if there are any open lanes and register at that time**
- Pool open Monday—Friday & Sat morning—see “Lane Reservation Schedule” for pool times
 - **Lane Reservations availability**—Advance register online up to 1.5 hours before the lane time through our website: www.ccaymca.org, then click -“**Online Account**”; Pool Lane online or Mobile app registration will be available at 5:00am 4 days prior to the each day the pool is currently open . For example – Monday reservations will open the Thursday prior at 5:00am, Tuesday reservations will open the Friday prior at 5:00am, etc.
 - **NEW- Mobile App** - our Y – called the “Cumberland Cape Atlantic YMCA” has a mobile app that you can download via your App Store. Once you set it up select “Programs” at the bottom and choose the day to register, and select time/lane with “Spots Available/1 Spot Open”.
 - **You may make a reservation up to the time of the lane time by calling** Member Services between 5:45am—8:00 pm—Mon—Fri and 6:15 am—12:45 pm—Sat. to register over the phone at 856-691-0030 ext. 139 or 102.
- If you **need to cancel your reservation please contact us** -email aquatics@ccaymca.org and helm@ccaymca.org or call the YMCA—856-691-0030, ext. 109, or 112. **For 6:30am& 7:45am lane reservations—CALL the Y—ext. 139 or 119 to cancel your reservation.**
- **Waiting List—you may register, but if no spots are available it will automatically put you on the Waiting List.** if you are on the Waiting List for a time and lane: we will CALL/EMAIL you IF and WHEN the lane becomes available due to a cancellation.
- **Lane Reservation arrival time- if you are more than 20 minutes late for your lane start time,** you will have less swim time and/or need to reserve another time slot. It may be given to a person who is waiting. **Please do not arrive to the pool deck more than 5 minutes prior to your lane time.**
- Please follow the “Aquatics Pool Use– Reopening Information—What to expect during your pool session” guidelines document.

Which Lane Should You Reserve? Lane access information:

Please note: There will be no crossing over/under lane lines; the lane you reserve will be the lane you climb into and out of. Below is lane entry/exit and recommendations based on your physical ability.

- **Lane 1 – start deep end; Reserve if you need the deep end ladder to get in/out of the pool**
- Lane 2 – start shallow end; Reserve if you can climb out at the shallow end of lane– no ladder to exit
- Lane 3 – start deep end; Reserve if you can climb out at deep end of lane—no ladder to exit
- Lane 4 – start shallow end; Reserve if you can climb out at shallow end of lane– no ladder to exit
- Lane 5 – start deep end; Reserve if you can climb out at deep end of lane—no ladder to exit
- **Lane 6 – start shallow end; Reserve if you need steps/stairs to enter/exit the pool.**

For all current updates, please visit www.ccaymca.org or call (856) 691-0030

If you have questions, please reach out to the Aquatics department: helm@ccaymca.org or aquatics@ccaymca.org at 856-691-0030 ext. 109 or 112 or Member Services—ext. 139 or 102