

Aquatics Pool Use - Locker Room Update for Pool Users only

Winter 1 2021—January 11



LOCKER ROOM UPDATE

Reminders:

- **7:00 pm Swimmers**—after swimming please use the Family male/female locker rooms to change; the adult locker rooms are closed after 7:15pm Mon-Fri for cleaning
- **Shower before swimming**—please make sure to shower at the Y prior to swimming; this keeps you each safer and healthier in the pool water; this is a requirement by the NJ Department of Health;
- **330 pm or earlier swimmers**—please use the Gender neutral/ADA/Family changing room with shower on the main floor or 18 and older gender appropriate Adult Locker room on the 2nd floor
- **13– 17 year olds -Family Male/Female Locker rooms** are available to shower/change before and after swimming. **Mon-Fri 3:30—8:15 pm; and Sat- 7:30am- 1:00pm;**

Before Swimming:

- Locker rooms for **showering before swim time** are available in the Adult Male and Female Locker rooms (located on the second floor); **Please come dressed to swim.**
- **Soap showers are required at the Y before swimming** for everyone's safety per NJ State Bathing Policy and CDC recommendations.
- The State requires shoes worn in the locker rooms, **no bare feet**, except on the pool deck. Covers available. Please bring and wear clean deck shoes, not worn outside, in the locker room and on the pool deck.
- **Facial coverings:** cloth masks must be worn at all times when in the facility with the exception of the being removed to shower at the Y before swimming and lap swimming. This includes while changing in the locker room. A facial covering must be worn walking to and from the pool and on the pool deck as well all other times in our facility. **Spare masks are available at our member service desk and the pool deck, if needed**
- Locker use is NOT available at this time;
- Please bring all personal items down to the pool deck with you; do not leave your items in a locker or in the locker room.

After Swimming:

- Please dry off and put your face mask on before leaving the pool area.
- **Adult Locker rooms are available to shower/change after swimming! Mon-Fri till 7:15 pm; Sat- 7:30am- 1:00pm;**
- **Swimmers after 7:15pm** should use the Family male or female locker room, right off the pool deck.
- While in the locker room, please keep your face mask on except to shower.
- And remember to social distance 6 ft from others.
- Limit your time in the locker room to 15 minutes to reduce exposure.
- **Gender neutral/ADA/Family changing room with shower** – should only be used for ADA accessibility and opposite gender parent/child-3–12 year olds/families

We have received permission from the Vineland Health Department to allow Aquatic members/pool users to use the locker rooms after their pool/swim time if they should need to shower and/or change.

- This is only for members utilizing the pool; all other guidelines for fitness centers and programs specifically limit the use of locker rooms; members who need to change prior to leaving (from a fitness center workout or program) may utilize the main floor bathrooms.
- Locker rooms will be monitored throughout the day, approx. every 30 minutes, per the Vineland Health Department.
- Programs times are staggered in an effort to reduce locker room capacity.
- We strongly encourage members who are using the Pool to come dressed to swim so all they need to do is shower at the Y prior to using the pool.